

Jan 2019 Healthy Young Peoples Network (HYPN)

<p><b>What are we doing quite well?</b></p> <ul style="list-style-type: none"><li>• SW2 - Nurture groups in schools, Children Centre, School recognition and action plans, Help Children to better mental health, Schools work seems to be 'taking off' in a planned way – but little consideration of how to organise VCS involvement in planning for robust services</li><li>• SW3 Needs recognition of all the range of service and provision for supporting well-being and developing ways of measuring early intervention. Needs to involve all providers and that has a resource implication</li><li>• Collaborative working i.e. referrals increase to different services</li><li>• Anna Freud networking</li><li>• Health and wellbeing award</li><li>• Parks Trust</li><li>• Key Focus on Mental health</li><li>• Having a long term strategy</li><li>• Partnerships (All people Active would like to join)</li><li>• Tobacco control/smoking cessation</li><li>• Smile awards</li><li>• Sports development</li><li>• Regeneration</li><li>• Raising awareness across schools/agencies</li><li>• Training and supporting schools to implement MHWB policies and practices</li><li>• All are Homelessness – sweep accom winter night shelter food drops</li><li>• Retention of children and family centres</li><li>• Early Help processes</li><li>• SEND Offer</li><li>• Some collaboration between professionals (not consistent)</li><li>• Cannot always access correct service waiting list</li></ul>
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What main two things do we prioritise (Post – it exercise)

<p><b>SW1</b> 5 felt this should be a priority Comments were:</p> <ul style="list-style-type: none"><li>• Can't tackle mental health without addressing the cause</li><li>• This needs to always be a priority. It is the foundation of all good health</li></ul>
<p><b>SW2</b> 12 felt this should be a priority Comments were:</p> <ul style="list-style-type: none"><li>• Consistent early intervention for health for the very young</li><li>• APA, Youth Mental Health First Aid Courses for all teachers, coaches and youth workers</li><li>• Can't tackle mental health without addressing cause as well – 2 pronged approach</li><li>• Additional support for parents of young children. Often young peoples mental health is linked to their parents mental health</li></ul>

- AW6 - Empower residents to connect, starting well SW2, Sw7

**SW3**

12 felt this should be a priority

Comments were:

- Prevent smaller problems by support in school
- Help people to recognise and cope with smaller problems to enable them to work against the escalation. Empower people to speak out earlier. Earlier actions and interventions could relieve a lot of pressures on the service/individual needs later on
- Support parenting of children and young people in deprived areas
- Needs improved partnership strategy and strategic planning and how to measure
- Help families to support and improve mental health at home instead of relying on diagnosis and professional support e.g. bring resilience : talking together, activities to do together

**SW4**

3 felt that this should be a priority

- #APA

**SW5**

4 felt this should be a priority

- Funding for support staff working with families/siblings with SEND e.g. Young Carers
- Filter down to SUS Schools
- Shared provision
- Sharing good practice to improve SEMH
- Reduced behaviour incidents
- Reduced exclusions

**SW6**

2 felt this should be a priority

**SW7**

No comments or post – its