



‘Craft and a Cuppa’ at the Carer’s Dementia support Café

**Christ the Vine Community Church,
Coffee Hall, MK6 5DE.**

1st Wednesday of each month; 2-3pm.

Enjoy a coffee, meet others in a relaxed setting, make new friends, share experiences, and enjoy some crafts from Community Learning MK.

The café run by Dementia specialist Admiral nurses, who are on hand to offer practical and professional advice for someone caring for a person living with dementia.

You are welcome to attend as many of these as you like, all resources are provided free of charge. No appointment or referral needed.