

MOOD BOOSTING BOOKS



RECOMMENDED BY READERS

The Beach Café
Lucy Diamond

Being Human
Neil Astley

The Big Over Easy
Jasper Fforde

Big Stone Gap
Adriana Trigiani

Cider with Rosie
Laurie Lee

Couch Fiction
Philippa Perry

**Haroun and the Sea of
Stories**
Salman Rushdie

**Hector and the Search
for Happiness**
Francois Lelord

Life According to Lubka
Laurie Graham

Life with the Lid Off
Nicola Hodgkinson

**A Little History of the
World**
E.H. Gombrich

**Major Pettigrew's Last
Stand**
Helen Simonson

Men at Work
Mike Gayle

**Notes from a Small
Island**
Bill Bryson

Prodigal Summer
Barbara Kingsolver

The Pursuit of Love
Nancy Mitford

Smoke and Mirrors
Neil Gaiman

A Spot of Bother
Mark Haddon

Tackling Life
Charlie Oatway

That Awkward Age
Roger McGough

To the Moon and Back
Jill Mansell

Trouble on the Heath
Terry Jones

A Winter Book
Tove Jansson

**Stop What You're Doing
and Read This**
Various Contributors

Tales of the City
Armistead Maupin

Waterlog
Roger Deakin

The Secret Garden
Frances Hodgson Burnett