MILTON KEYNES BREASTFEEDING DROP-IN GROUPS

All Pregnant and Breastfeeding mums are welcome
In a relaxed, informal and friendly atmosphere
Get one-to-one help from specially trained staff,
Chat to other mums and build your confidence.

Tickford Children’s Centre, Thames Drive, Newport Pagnell MK16 9DS
Monday 13:30 – 15:00

Rowans Family Centre, (13A Moorfoot, Fullers Slade MK11 2BD)
Tuesday 11:00 – 12:30

Breastfeeding Café MK
Kings Community Centre, Creed St, Wolverton MK12 5LY
Wednesday 10:00 – 13:00
www.breastfeedingcafeMK.org.uk or Breastfeeding Café MK/Facebook

Hedgerows Family Centre, (Langland Road, Netherfield, Mk6 4NP)
Thursday 11.15 – 12.15

Daisychain Family Centre
(Abbeys Primary School, Melrose Avenue, Bletchley, MK3 6PS)
Thursday 13:30 – 15:00

Please contact your Midwife or Health Visitor for further information.
Telephone numbers that may be of use are listed over the page.

Valid until: 30th Sept 2016
Useful web links and Telephone Numbers

Community Midwives Office: 09.00-10.00: 243534
At other times contact Maternity Bleep Holder on: 660033 bleep 1440

Health Visitors: contact via your Health Centre/ GP Surgery
NCT National Breastfeeding Helpline 03003 300 771
NCT Breastfeeding Bras: 07585 700671
Medela Breast pump hire 0161 7760400
La Leche League: 0845 120 2918
The Association of Breastfeeding Mothers' helpline: 08444 122 949
National Breastfeeding Network Helpline: 0300 100 0212
Breastfeeding Clinic, Oxford: (Mon/Thurs) 01865 221695

If you have any concerns or issues in regard to breastfeeding in Milton Keynes we welcome feedback on your experiences. Please contact -

Email: breastfeeding@mkchs.nhs.uk

(Valid until 30th Sept 2016)