Our Voice is a group of children and young people in care and those who have left care between the ages of 7-18 (up to 25 for disabled young people and those who are engaged in education) supported by Milton Keynes Council.

They aim to:
- Have an active involvement in projects which affect the transition and progress of children and young people
- Make a difference to the lives of children and young people
- Be listened to by social workers, managers, directors and the Corporate Parenting Panel

For more information please contact Emma on 01908 253781 or email emma.hosking@milton-keynes.gov.uk

### Advocacy

Do you want to have a say in the decisions being made about your life? Do you feel you’re not being listened to?

An advocate can give you information and advice so you understand your rights, make sure people listen to you and know what’s important to you and help you speak out at your reviews or other meetings.

Coram Voice advocates are independent and here just for you. They do not work for your social worker, the council or the place in which you live.

If you want help to tell people what is important to you, get in touch with them:
- Freephone: 0800 800 5792
- Email: help@coramvoice.org.uk
- www.coramvoice.org.uk

### Important Contacts

#### Virtual School
A small team of teachers who work closely with young people, schools, social workers and carers to support educational progress.
- Telephone: 01908 691691
- Email: virtualschool@milton-keynes.gov.uk

#### Participation Officer
Someone employed by Milton Keynes Council to listen to and give children and young people a voice so that services can be improved
- Telephone: 01908 253781
- Email: emma.hosking@milton-keynes.gov.uk

#### Designated Nurse
Will talk to you about your health and well-being and will try to help you to achieve the best health you can
- Telephone: 01908 691691
- E-mail: Susan.johnson@milton-keynes.gov.uk

#### Independent Reviewing Officers (IRO)
A person who makes sure you have Review, that your views are heard, that you are being Looked After properly and that the right plan is in place for you
- Telephone: 01908 6919691

#### Complaints
Tell us what you think about your social care services. It doesn’t matter how old you are, we will listen to you and take you seriously.
- Telephone: 01908 253697
- www.milton-keynes.gov.uk/complaints
CHILDREN IN CARE PLEDGE

This pledge is a promise to children in care. It also tells the adults who work with children in care what they should be doing to support you. It will apply to any child or young person looked after by Milton Keynes Council.

GET TO KNOW YOU
LISTENING TO YOU
INTERESTS
EDUCATION
TECHNOLOGY
PLACEMENT
HEALTH
SUPPORT
INDEPENDENCE
CONTACT
LIFE STORY