

Profound and Multiple Learning Disabilities (PMLD) and Challenging Behaviours



What is happening?

In 2015 the Council talked to people in Milton Keynes about the services for people with a learning disability. The Council is now changing those services.



This is starting with **Day Services** and **Short Breaks**



In future only people with **complex needs** will have these services **directly** from the Council. People with **complex needs** means:



- 1 People with **Profound and Multiple Learning Disabilities**. This is also called **PMLD**.
- 2 People with **Challenging Behaviours**.

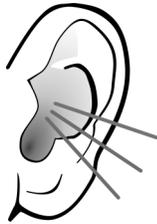


Some providers are already working well with people with **complex needs**. The Council wants to develop those services to give people as much choice as possible.

What does the Council mean by people with "Profound and Multiple Learning Disabilities" (PMLD)?

It means:

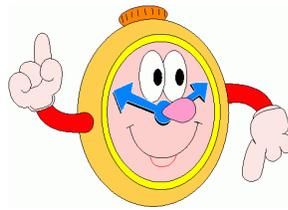
- People with the highest care and support needs.
- People whose learning disability means that they don't always understand things.
- People who have more than 1 disability. They may not be able to see, hear or move very well. They may have other conditions like epilepsy or autism.
- People who have problems with communication and may use only a few words or not use words at all.
- Some people with PMLD may need support so that they do not hurt themselves or other people.





People who need lots of support with things like:

- using the toilet,
- washing,
- dressing,
- eating,
- getting around



People who may need support to be safe.



What does the Council mean by "challenging behaviours"?



It means when someone

- causes harm to themselves or other people
- damages property
- threatens other people's safety



This will happen a lot and lasts a long time.



People may behave in this way because they are trying to:

- cope with how they feel
- cope with a problem
- show that something is wrong.

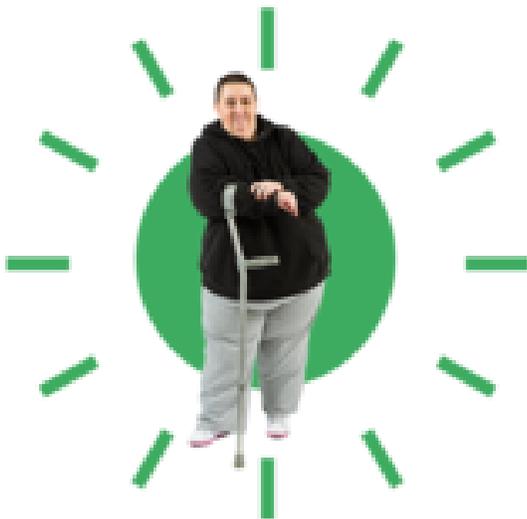


Milton Keynes Council and Milton Keynes Clinical Commissioning Group (MKCCG) are working together to support people in a better way. This is called **Positive Behaviour Support**. This is also called PBS.

What does Positive Behaviour Support mean?

It means thinking about:

- each person as an individual
- **how** they behave
- **why** they behave that way.



Your care and support is planned so that it meets your needs. Staff that support you will receive training to support you.



How will the Council decide if I have complex needs?

If you are a person with a learning disability you will have a review. The needs of your carer will also be assessed.



What if the Council decides that I do have complex needs?

You will still get a service directly from the Council. Where you go for your short break or day service might change. The staff work with you might change.

What if the Council decides that I do not have complex needs?

You and your carers will be supported to find other services in the community. The Council is working with providers so that there will be more to choose from.



Your **care** and **support plan** will say how people will support you to do the things that are important to you.



- You can choose to take your **personal budget** as a **Direct Payment**. This means that you manage your own care and support. There will be a new service to support you with this.



- The Council is developing a new **Shared Lives service**. You can use this service if you still need to have a break away from home.