



## Next Steps – Induction Course

For 16-24 year olds who are unsure of their next steps or who have been away from education for some time.

- Small class groups
- City & Guilds Certificate
- Confidence building activities
- Support with your CV
- Support in preparing you to move onto an appropriate course/employment

## Reaching Out

Reaching Out is a free, short programme designed to upskill 16-24 year olds with relevant skills, qualities and attitudes needed to progress into appropriate and sustainable education, training or employment options. The course will be delivered in an interactive and practical way, with many activities that involve team work, problem solving and hands-on skills. The qualification will have an element of written work but without exams or coursework. The course will allow you to gain a City and Guilds Certificate in employability skills and will give you a chance to gain a number of new experiences, skills and knowledge to help you positively progress to employment, education or training.

## Introduction to Prince's Trust

A short four week programme, to introduce you to the Prince's Trust and prepare you for the start of the full 12 week course. Engaging activities to enable you to get to know staff and fellow Prince's Trust members.

- City and Guilds Award
- Interactive Team based activities
- Social skills
- Confidence building

## Prince's Trust Team Programme

The Prince's Trust Team programme is a 12 week personal development programme for 16-24 year olds, designed to improve individual skills, qualities and attitudes within a team-based setting. The course includes an outward bound residential week, a community fundraising and regeneration project, two full weeks of work experience in an industry of your choice, sessions with local community groups lead by team participants and a final presentation event to end the course. The course requires participants to complete a nationally recognised Level 1 qualification, whilst perfecting employability skills, working on individual targets and gaining a range of new experiences.

## Traineeships (Pre-Apprenticeship)

Designed to help young people aged 16-24 who don't yet have the appropriate skills/experience for the workplace. Traineeships provide the essential work preparation training, english, maths and work experience needed to secure an apprenticeship or employment. The programmes generally take 12-14 weeks to complete with the content tailored to your individual career needs. At its core are english, maths and ICT skills, work preparation training and a high quality work experience placement, giving you the skills and experience that local employers are looking for.

## To find out more...

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[www.milton-keynes.gov.uk/youth-faculty](http://www.milton-keynes.gov.uk/youth-faculty)