

Stoke Bruerne, Milton Keynes & Leighton Buzzard

YOUR LOCAL CANAL

It's a  
breath  
of fresh air





## YOUR LOCAL CANAL

# It's a national treasure

### It's on your doorstep

Weaving its way through Stoke Bruerne, Milton Keynes and Leighton Buzzard the Grand Union Canal offers a great escape from the hustle and bustle of everyday life. There's something for everyone! You'll discover great places to eat, amazing wildlife, delightful strolls, easy cycling and quiet places just to sit back, relax and watch the world go by! Best of all it's open 365 days of the year and it's FREE! To help lose yourself in this amazing world, we've chosen a few special places we think you will enjoy exploring.

### YOUR LOCAL CANAL

## It's a wildlife documentary

A canal is like a nature reserve, several metres wide and many miles long. You might see kingfishers, water voles, dragonflies, bats or herons. They've all been seen on or by canals. Who knows, on your local canal you could even be an otter spotter!



### YOUR LOCAL CANAL

## It's time well spent

It's all about pace. Not the pace we live with everyday, but a slower more relaxed one. Getting that quality time for family, friends or just for you in a place that suits the mood. What better place but your local canal.



Beat the credit crunch at the UK's premier waterways show...



**Crick Boat Show & Waterways Festival**  
23 – 25 May

**Half Price**  
**One Day Family Ticket**

SAVE  
**£11**

Visit  
[www.crickboatshow.co.uk](http://www.crickboatshow.co.uk)  
for more information  
on this great family day out.



Voucher valid until 26.05.09. Voucher must be redeemed on entrance. Cannot be used with any other offer. Photocopies will not be accepted.

### Stoke Bruerne

Fancy a trip out? Then why not head off to Stoke Bruerne. Just a short drive brings you to one of Britain's most authentic and unspoilt canal villages. Picture postcard scenery, relaxing walks, family friendly events, plentiful wildlife, inviting waterside pubs and fascinating history. A tour round the National Waterways Museum, Stoke Bruerne with its working models, videos, pictorial and three dimensional displays will make your trip truly worthwhile.

★ 1 **The National Waterways Museum**  
Stoke Bruerne  
Tel: 01604 862229  
[www.nwm.org.uk](http://www.nwm.org.uk)

### Where to eat & drink

Relax and enjoy a meal or a drink as you watch the boats pass through the locks at Stoke Bruerne.

- 1 **The Boat Inn**  
Tel: 01604 862428
- 2 **The Navigation Inn**  
Tel: 01604 864988
- 3 **The Museum Café**  
Tel: 01604 862229

### Take to the water

One of the best ways to explore the Grand Union Canal is by boat. Step aboard a trip boat and enjoy a leisurely journey that includes taking you through the allegedly haunted Blisworth Tunnel... the third longest navigable tunnel in England.

- 2 **Stoke Bruerne Boat Company**  
Tel: 01604 862107  
[www.stokebruerneboats.co.uk](http://www.stokebruerneboats.co.uk)

### Stepping out

You're spoilt for choice for walks around Stoke Bruerne... from gentle strolls along the towpath to delightful circular trails that take you through the picturesque rolling landscape of South Northamptonshire. Colourful boats, amazing views, a wealth of history and an abundance of wildlife are just waiting to be discovered. Much of the towpath is suitable for buggies and wheelchairs.  
[www.waterscape.com/in-your-area/northamptonshire/stoke-bruerne](http://www.waterscape.com/in-your-area/northamptonshire/stoke-bruerne)








## Milton Keynes

The Grand Union Canal weaves its way along the northern and eastern fringes of Milton Keynes from Cosgrove in the north to Fenny Stratford in the south. Excellent towpaths, easy access, green havens, wildlife and waterside pubs provide ample opportunities to walk, cycle, run, eat, drink, picnic or just relax. Fancy a traffic free commute to work? Why not use the towpath for a stress free journey... a great way to start your day!

### Where to eat & drink

Whatever the reason or season the waterside setting adds that special kind of atmosphere that only the waterways can provide.

-  **4 The Galleon**  
Old Wolverton Road Tel: 01908 313176
-  **5 The New Inn**  
2 Bradwell Road Tel: 01908 312094
-  **6 The Black Horse**  
Wolverton Road Tel: 01908 398461

-  **7 The Giffard Park**  
Broadway Avenue Tel: 01908 210025
-  **8 Pear Tree Bridge Inn**  
Waterside Tel: 01908 691515
-  **9 The Plough**  
Simpson Road Tel: 01908 691555
-  **10 The Red Lion**  
Lock View Lane Tel: 01908 372317
-  **11 The Barley Mow**  
7 The Stocks Tel: 01908 562957

## Take to the water

Why not take to the water by boat for a different perspective of the city skyline and the delightful countryside and wildlife on your doorstep.





-  **3 Cosgrove Narrowboat Company**  
Tel: 01525 372853  
[www.cosgrovenarrowboats.co.uk](http://www.cosgrovenarrowboats.co.uk)
-  **4 Milton Keynes Canal Cruises**  
Tel: 07875 507396
-  **5 MK afloat**  
Tel: 07721 025325  
[www.miltonkeynes.com/the-grand-union-canal-narrow-boat-day-hire](http://www.miltonkeynes.com/the-grand-union-canal-narrow-boat-day-hire)

## Stepping out

On the doorstep of Milton Keynes is the picturesque village of Cosgrove... easily accessed on foot or bike along the towpath. Step out on one of three delightful circular walks to explore the village, surrounding countryside, wildlife and Iron Trunk Aqueduct... finishing of course with a refreshing drink at one of the local pubs!  
[www.cosgrovevillage.co.uk](http://www.cosgrovevillage.co.uk)

## Just off the towpath

Why not reduce your carbon footprint by leaving your car at home and travel to the shops, Gulliver's, Xscape or Campbell Park via the towpath. A great way to get some fresh air and exercise at the same time!

-  **6 thecentre:MK**  
With over 240 stores, cafés and restaurants the centre:MK has everything you need all under one roof.  
[www.thecentremk.com](http://www.thecentremk.com)
-  **7 Gulliver's Theme Park**  
Gulliver's Theme Park caters for children between the ages of 2 & 13 and offers the whole family a full day of fun and excitement.  
[www.gulliversfun.co.uk](http://www.gulliversfun.co.uk)
-  **8 Xscape**  
The ultimate entertainment destination offering a combination of extreme sports and leisure activities.  
[www.xscape.co.uk](http://www.xscape.co.uk)
-  **9 Campbell Park**  
Adjacent to the Grand Union Canal, Campbell Park is well known as the site of the city's big annual festivals. But year round it offers a mix of formal gardens, woodland and open countryside.  
[www.campbellpark.co.uk](http://www.campbellpark.co.uk)



### YOUR LOCAL CANAL

## It's a chat room

Water is good for you. You only have to stroll, sit, eat, drink or just chat beside a canal and you can feel yourself unwind, let go of the stresses of life and generally enjoy yourself more. Try life in the slow lane by your canal.



### YOUR LOCAL CANAL

## It's free gym membership

Leave the monthly fees, machines and MTV behind and get fit for free. Your local canal is your chance to get out of the gym onto the towpath and remind yourself that getting fit is about fun, fresh air and freedom.

## Leighton Buzzard

The Grand Union Canal passes within a five minute walk of Leighton Buzzard High Street and train station, yet feels like a world away. Walkers can join the canal at a number of places and, for commuters catching a train en-route to London or Birmingham, there's no better start to the working day than a brisk walk along the towpath.




### Take to the water

A great way to explore the canal and really slow down.

-  **10 Wyvern Shipping Company**  
Tel: 01525 372355  
[www.canalholidays.co.uk](http://www.canalholidays.co.uk)

### Where to eat & drink

Why not build up an appetite and enjoy a short walk or cycle ride along the towpath before enjoying a hearty lunch at a waterside pub.

-  **12 Soulbury Three Locks** (newly refurbished)  
Tel: 01525 270592
-  **13 The Globe Inn**  
Tel: 01525 373338
-  **14 The Grove Lock**  
Tel: 01525 380940

### Just off the towpath

-  **11 Tiddenfoot Waterside Park**  
A picturesque 29-acre county wildlife site adjacent to the Grand Union Canal with a lake, grassland, picnic areas, excellent footpaths (many suitable for buggies and wheelchairs), car parking and home to the annual Linslade Canal Festival.  
[www.southbeds.gov.uk](http://www.southbeds.gov.uk)



**2 for 1  
entrance  
to the Museum**



For further information Tel: 01604 862229 or visit [www.nwm.org.uk](http://www.nwm.org.uk)

Voucher valid until 31.07.09. For every full paying adult one person gains free entrance. Voucher must be redeemed on entrance. Cannot be used with any other offer. Photocopies will not be accepted.

**A day afloat is great fun!**  
**£25 off boat day hire**

**BOOK  
TODAY**

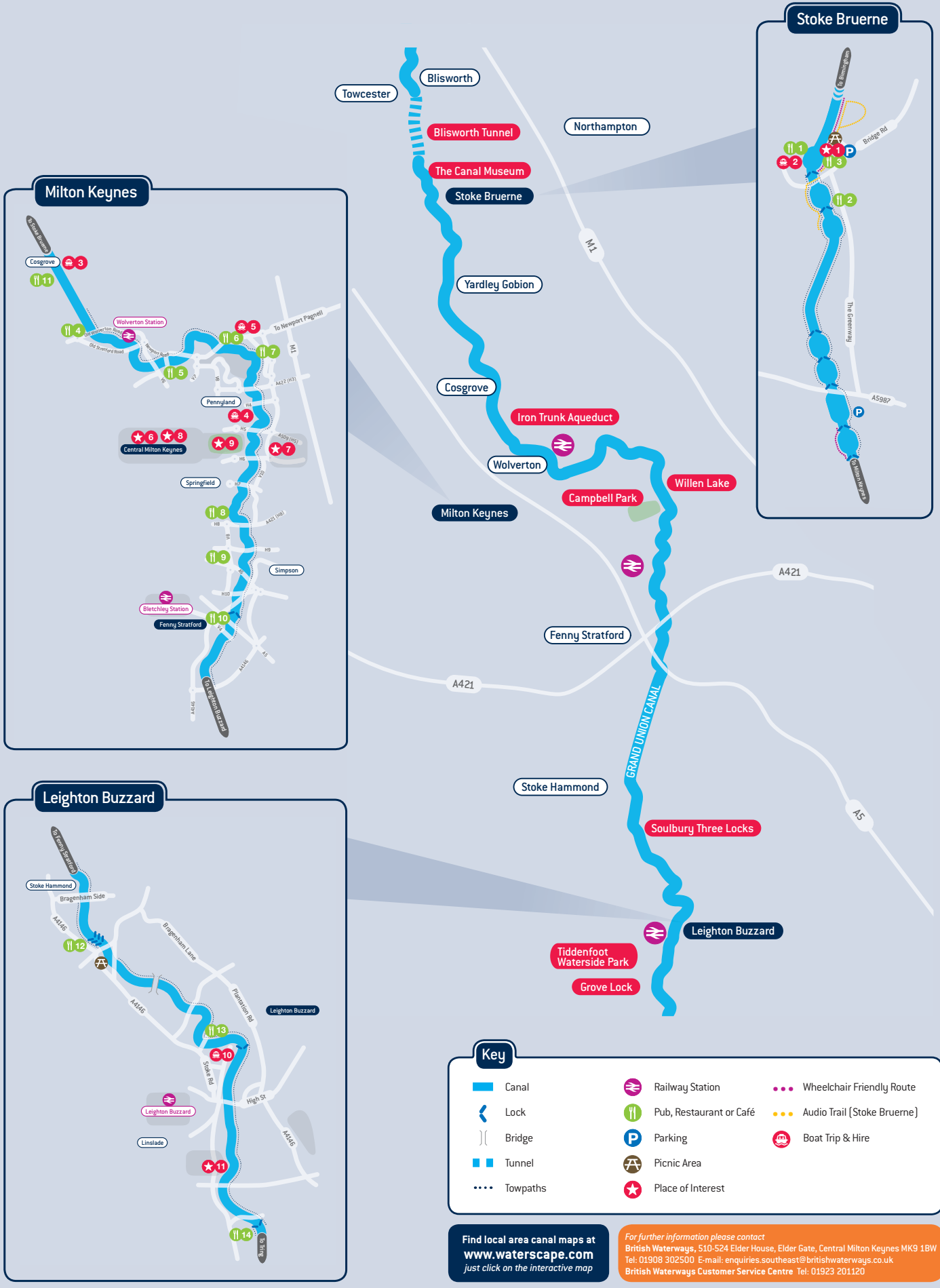
Not only is it fun it's also great value. Get a group of friends or family together and hire a boat for the day and enjoy a great day out on the water. Most boats hold eight people and hire starts from as little as £95 per boat per day. And, if you log on to [waterscape.com/offers](http://waterscape.com/offers) you can download a voucher to get a £25 discount off your booking. It's yours to enjoy for even less!



Offer for a limited period only and may be withdrawn at any time. Terms and conditions apply. See [waterscape.com/offers](http://waterscape.com/offers) for details.



# YOUR LOCAL CANAL The Grand Union



Key					
	Canal		Railway Station		Wheelchair Friendly Route
	Lock		Pub, Restaurant or Café		Audio Trail (Stoke Bruerne)
	Bridge		Parking		Boat Trip & Hire
	Tunnel		Picnic Area		Place of Interest
	Towpaths				

Find local area canal maps at [www.waterscape.com](http://www.waterscape.com)  
just click on the interactive map

For further information please contact  
British Waterways, 510-524 Elder House, Elder Gate, Central Milton Keynes MK9 1BW  
Tel: 01908 302500 E-mail: [enquiries.southeast@britishwaterways.co.uk](mailto:enquiries.southeast@britishwaterways.co.uk)  
British Waterways Customer Service Centre Tel: 01923 201120

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