

Shared Lives Guidance

Making sure your needs are met



Before you move into Shared Lives, it is important that we know about the things you need help with in your day to day life. This will help us make sure that you get the support you need.



We call this an ‘assessment of needs’

The assessment will help us to understand things like:



- How you like to communicate

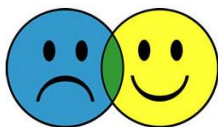


- What activities you like doing

- If you need help to travel



- The people in your life that are important to you



- What makes you happy
- What makes you unhappy



Sometimes your **assessment of needs** might be done by a social worker.

If you have not had an assessment of needs we will help you to get one done.

You will have the chance to speak to someone about your assessment in case your needs have changed.

If you want, you can ask someone who knows you well to help with your assessment of needs.

When we know what your needs are, we will try and find Shared Lives carers who can help you with your needs.



- **We will give you information about the Shared Lives carer or Shared Lives carers so that you can decide if you think living with them will be right for you.**
- **We call this ‘matching.’**

When a match has been made we will help you write a Service User Plan. The plan will say how you want to be supported and the help you will get from your Shared Lives carers.

We will check your Service User Plan at least once a year to find out if the plan is still right for you, or if anything needs to change.