

# Worries About the Future

A Story for Primary

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As we grow older, we notice things around us experience changes.



2

I am growing taller and bigger.



3

Every September, students change classes and move to a new year group.



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Sometimes I think about this and get a bit worried.



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But change is a part of life. We can never stop change. Things never stay exactly the same. That may be sad at times, but it is also a good thing.



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**If things never changed, we wouldn't experience new things – like holidays, new films or exciting new games.**



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**Try to see change as a new adventure. It will happen anyway, so try to learn to enjoy the future.**



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**Say to yourself, "Things may change, but I will be fine!"  
Relax and enjoy your new future –  
everything will be fine!**



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