

Inclusion and Intervention Team – Centralised Training Directory September 2020-July 2021



Welcome to the Inclusion and Intervention Team training programme for 2020-2021. You will find here learning opportunities for school and settings staff from September 2020-July 2021. Due to the Coronavirus pandemic, this document will be updated via the Local Offer pages throughout the academic year.

Contents

How to use the Training Directory	2
How to Apply.....	2
Parent/Carer training sessions.....	3
Using Positive Behaviour Support (PBS) in schools and settings	5
Assess Plan Do Review Cycles for Literacy and Numeracy	6
Supporting a child to manage their anxiety - SEMH	7
Adverse childhood experiences (ACEs) – SEMH	8
How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Primary)	9
How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Secondary)	10
Supporting pupils in the Early Years who have Autistic Spectrum Condition/Social Communication Needs.....	11
How to complete a SEN Support Plan.....	12
The Role of the Early Years SENCo – a training course for new SENCos working in Early Years settings.....	13
Free Wellbeing Training and Support for Education Settings.....	14
Working Memory and how to support children with working memory difficulties.....	15
MK SEND processes and information for SENCos new to the role and new to MK	16
Using structure to support children with SEND in primary schools.....	17
Recognising the early signs of distress in SEMH pupils.....	18
Supporting transitions in the Early Years for pupils with SEND/Autistic Spectrum Condition- starting school for the first time	19
Emotional Regulation using Zones – practical approaches to support children/young people using the Zones of Regulation	20

How to use the Training Directory

The courses in the directory cover the three main categories of need:

- Social, Emotional and Mental Health
- Communication and Interaction
- Cognition and Learning

Further courses may be advertised during the year to meet additional training needs. These will be advertised directly with schools and settings through the weekly e-bulletin. They will also be shared directly with SENCoS via email and during termly SENCo and SEND Team meetings.

We also strongly encourage SENCoS to attend the regular SENCo and SEND Team Meetings to receive the latest updates from the MKC SEND Team, supporting external agencies, local organisations supporting SEND, and national initiatives and policy.

Due to Coronavirus pandemic, it is planned that all training will be delivered using Microsoft Teams this academic year. Bespoke training is not being offered at this time; however please do make us aware should you have any particular training needs in order for us to consider future sessions and signpost the support available.

How to Apply

Please apply for the training courses via email: inclusionandinterventiontraining@milton-keynes.gov.uk stating the course, the date, who will be attending and their email address. **If a number of different staff members are attending from the same school/setting it is VITAL that you send the separate email addresses of all attendees.**

Applications for training MUST be sent at least 48 hrs before the start of the training.

Email invites will be sent to participants with a Microsoft Teams link, at least the day before each session.

If you have any queries please email:

inclusionandinterventiontraining@milton-keynes.gov.uk

Course Evaluation:

We ask everyone to complete an evaluation form at the end of training sessions using a survey monkey link. We take your feedback about training very seriously and your remarks will guide us when planning future training.

Parent/Carer training sessions

We deliver remote parent and carer training sessions on the following topics:

Early Years Autism/SCD (aged 2-5 years)
Primary Aged Autism/SCD
Teenagers with Autism
Post Diagnosis Meeting
ASC/SCN Primary Question and Answer session
Anxiety Workshop

Children and young people do **not** need to have a diagnosis to attend the sessions.

Further workshops and question and answer sessions are delivered throughout the year in collaboration with SENDIAS, PACA and Carers MK.

Parents can book onto these sessions and find out more information by:

Email inclusionandinterventionteam@milton-keynes.gov.uk

MK SEND Local Offer www.milton-keynes.gov.uk

MK SEND Local Offer Facebook www.facebook.com/MKSEND

Course Title	Spring 2021	Summer 2021
Using Positive Behaviour Support (PBS) in schools and settings <i>(Must complete all 3 sessions)</i>	Cohort 2 (All 3 dates) Wednesday 20 January 3.30 – 4.30pm Wednesday 3 February 3.30 – 4.30pm Wednesday 24 February 3.30 – 4.30pm (available until 5.00pm each day for Q and A)	Cohort 3 (All 3 dates) Wednesday 28 April 3.30 – 5.00pm Wednesday 12 May 3.30 – 5.00pm Wednesday 26 May 3.30 – 5.00pm
Assess, Plan, Do, Review cycles for Literacy and Numeracy (Must complete both sessions)		Thursday 29 April, 3.45-4.45pm Thursday 20 May, 3.45-4.45pm
Supporting a child to manage their anxiety - SEMH	Wednesday 3 March 3.15-5.00pm	
How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Secondary)	Thursday, 4 February 3.30-5.00pm	Thursday, 13 May 3.30-5.00pm
Supporting pupils in the Early Years who have Autistic Spectrum Condition/Social Communication Needs <i>(Must complete 2 dates)</i>	Thursday 4 February 10.00- 11.00am Thursday 11 February 10.00- 11.00am	
How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Primary)	Thursday 21 January 3.30 – 5.00pm	Wednesday 9 June 3.30 – 5.00pm
Adverse childhood experiences (ACEs) – SEMH	Wednesday 27 January 3.15-5.00pm Wednesday 21 April 3.15-5.00pm	Wednesday 5 May 3.15-5.00pm
Using Comic Strips and Social Scripts to communication with CYP with Social Communication Needs	Thursday 14 January 3.30 – 5.00pm	Thursday 6 May 3.30 – 5.00pm
Recognising Early Signs of Distress in pupils with SEMH needs (Primary) (Delivered by Romans Field Senior Staff)	Tuesday, 12 January 3.30-4.30pm Tuesday 2 February 3.30-4.30pm	
Working Memory and how to support children with working memory difficulties.	Wednesday 10 March 3.30 – 4.30pm	Wednesday 19 May 3.30 – 4.30pm
MK SEND processes and information for SENCOs new to the role and new to MK	Wednesday 24 March 3.30 – 5.00pm	
Early Years Senco training (attend 3 session)	Thursday 25 Feb 10.00 – 11.30am Thursday 4 March 10.00 - 11.30am Thursday 11 March 10.00 - 11.30am	
Using structure to support children with SEND in primary schools.	Thursday 4 March 3.30 – 5.00pm	Thursday 27 May 3.30 – 5.00pm
Supporting SEND children with Early Years transitions.		Wednesday 23 June 3.30 – 5.00pm Thursday 23 September 3.30 – 5.00pm
How to complete a SEN Support Plan	Thursday 28 January 3.30 – 5.00pm Wednesday 17 March 3.30 – 5.00pm	Monday 19 April 3.30 – 5.00pm

Using Positive Behaviour Support (PBS) in schools and settings

Course summary:

An introduction to Positive Behaviour Support.

Positive Behaviour Support is a person-centred approach to support children and adults who may be at risk of displaying behaviours that challenge. It is a universal ethos, approach and strategy to improve the quality of life for everyone (staff, parents, family, child/young person, and leaders.)

Objectives of PBS:

- Improved quality of life for all
- Increase in child's well-being and self esteem
- Increased understanding of needs
- Increase in child attendance and participation
- Reduction in anxieties around school/setting/provision (for all involved)
- Reduction in behaviours that challenge
- Reduction in staff/child injuries
- Reduction in exclusions

Trainers:

Members of the Inclusion and Intervention Team

Course content:

- The PBS ethos and approach.
- The principles of PBS
- Functions/reasons for behaviours
- Proactive strategies to support the child and lessen the occurrence of behaviours that challenge.
- PBS plan

Course dates and time:

Cohort 2 (all 3 dates)

Wednesday 20 January 3.30 – 4.30pm (available until 5.00pm for Q and A)

Wednesday 3 February 3.30 – 4.30pm (available until 5.00pm for Q and A)

Wednesday 24 February 3.30 – 4.30pm (available until 5.00pm for Q and A)

Cohort 3 (All 3 dates)

Wednesday 28 April, 3.30 – 5.00pm (available until 5.00pm for Q and A)

Wednesday 12 May, 3.30 – 5.00pm (available until 5.00pm for Q and A)

Wednesday 26 May, 3.30 – 5.00pm (available until 5.00pm for Q and A)

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SLT, behaviour leads, teachers, SENCOs, teaching assistants and learning mentors working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Assess Plan Do Review Cycles for Literacy and Numeracy

Course summary:

In session 1

We will consider

- Signs to trigger concerns
- Informal, formal and psychometric assessments

Please have certain pupils in mind and details of the assessments you carry out already.

Inter session task

Select one or more from:

Assess a pupil who is going to require adjustments at QFT level
one who will require targeted support
one who will require personalised support.

In session 2

We will consider

- Using assessment findings to **plan** provision
- How to ensure we **do** the plan
- How we **review** while we carry out and end that plan

Trainers:

Members of the Inclusion and Intervention Team

Course dates and times

Thursday 19 November, 10.00 – 11.00am

Thursday 10 December, 10.00 to 11.00am

Thursday 29 April, 3.45 – 4.45pm

Thursday 20 May, 3.45 – 4.45pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SLT, behaviour leads, teachers, SENCos, teaching assistants and learning mentors working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Supporting a child to manage their anxiety - SEMH

Course summary:

This training aims to provide staff with a clear understanding of what anxiety is and how to identify the signs a child is suffering with anxiety within their classroom. It will look at the different assessments and strategies to be used to help a pupil manage their anxiety successfully.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

- An understanding of anxiety and the different types of anxiety a child may be experiencing
- An awareness of how anxiety can be displayed differently in children
- Explore strategies and resources to help reduce anxiety for children within the mainstream classroom
- Identifying assessment tools that can be used as part of the assess, plan, do, review cycle when supporting a child with anxiety

Course dates and times

Wednesday 3 March, 3.15-5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SLT, behaviour leads, teachers, SENCos, teaching assistants and learning mentors working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Adverse childhood experiences (ACEs) – SEMH

Course Summary:

This training aims to explore the Adverse Childhood Experiences (ACEs) of abuse, neglect and family dysfunction between birth and age 18 which can disrupt brain development and limit social, emotional and cognitive functioning. ACEs are the root cause of many serious academic, social and behavioral problems that have the potential to prevent a child from receiving the full benefits of education.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

1. What are Adverse Childhood Experiences?
2. The short and long term impact of ACEs on pupils.
3. The importance of trauma informed responses with young people

Course dates and times

Wednesday 27 January, 3.15-5.00pm

Wednesday 21 April, 3.15-5.00pm

Wednesday 5 May, 3.15-5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SLT, behaviour leads, teachers, SENCos, teaching assistants and learning mentors working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Primary)

Course summary:

An introduction to Autism and how it may present in primary aged children, including strategies and resources to support anxiety, routines, communication and interaction.

Objectives of the course:

- To be aware of the different ways that ASC can present itself , including girls and masking
- To understand why children may need support for social communication in school
- To understand how you can support anxiety and emotional regulation
- To look at how you can support routines and learning within school
- To consider how and why you need to support interaction with peers in the school

Trainers:

Members of the Inclusion and Intervention Team

Course dates and time:

Thursday 21 January, 3:30 – 5:00pm (training power point followed by question and answers)

Wednesday 9 June, 3:30 – 5.00pm (training power point followed by question and answers)

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for teachers, and teaching assistants working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

How Autistic Spectrum Condition (ASC) can present itself: understanding behaviours, and supportive strategies (Secondary)

Course summary:

An introduction to Autism and how it may present in secondary aged young people, including strategies and resources to support anxiety, routines, communication and interaction.

Objectives of the course:

- To be aware of the different ways that ASC can present itself , including girls and masking
- To understand why children may need support for social communication in school
- To understand how you can support anxiety and emotional regulation
- To look at how you can support routines and learning within school
- To consider how and why you need to support interaction with peers in the school

Trainers:

Members of the Inclusion and Intervention Team

Course dates and time:

Thursday 4 February, 3.30-5.00pm

Thursday 13 May, 3.30-5.00pm

(Training PowerPoint followed by question and answers)

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for teachers, and teaching assistants working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Supporting pupils in the Early Years who have Autistic Spectrum Condition/Social Communication Needs

Course objectives:

- Become familiar with ASC/SCD and how this can present in young children
- Become familiar with the Hanen communication stages for young children with ASC/SCD
- Become familiar with how you can plan for developing language and communication, play and learning skills at the different communication stages
- Consider the functions of behaviour, and how we can support these

Trainers:

This session will be led by the Inclusion and Intervention Team, and Speech and Language Therapy.

Course dates and times

Thursday 4 February 10.00- 11.00am and Thursday 11 February 10.00- 11.00am

Venue: Remote training via Microsoft Teams- with some pre-learning before and in between sessions.

Who should attend?

This session is for practitioners working in non-maintained and maintained early years settings/classrooms.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

How to complete a SEN Support Plan

Course summary:

This training aims to provide SENCOs with a clear understanding of when to use, and how to complete, a SEN Support plan.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

When to use a SEN Support Plan.

The purpose of a SEN Support Plan.

How to complete a SEN Support Plan.

Writing SMART outcomes as part of the SEN Support Plan.

Involving parents and professionals in completing a SEN Support Plan.

The role of the SENCOs and teachers within schools and settings.

Next Steps.

Question and answer session.

Course dates and times

(Attend one date only)

Thursday 28 January, 3.30 – 5.00pm

Wednesday 17 March, 3.30 – 5.00pm

Monday 19 April, 3.30 – 5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is for SENCOs, Deputy SENCOs and SENCO assistants from Early Year's settings, Primary schools and Secondary schools.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

The Role of the Early Years SENCo – a training course for new SENCos working in Early Years settings

Course Summary:

This three session course will support practitioners to consider how they can identify SEND, assess needs, and plan for interventions in the early years. It will also support practitioners in their understanding of SEND processes in Milton Keynes.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

- What is inclusion?
- Working with parents
- The graduated approach
- Assessing progress
- Writing short term outcomes successfully
- Planning and implementing provision
- EHC processes, including use of SEN Support Plans

Course dates and time:

Thursday 25 February, 10.00- 11.30am

Thursday 04 March, 10.00- 11.30am

Thursday 11 March, 10.00- 11.30am

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for new SENCos working in non-maintained early years settings, and for those colleagues who are interested in taking on the role in the future.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

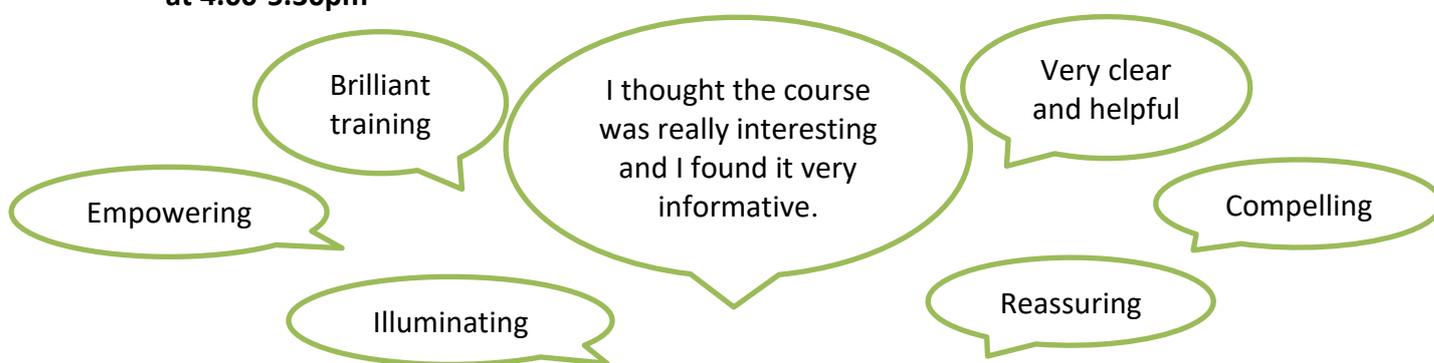
Free Wellbeing Training and Support for Education Settings

From Milton Keynes Council's Educational Psychology Team.

Thank you to all schools that attended the national training webinars delivered as part of the Wellbeing for Education Return project funded by the DfE. Feedback from attendees so far has been very positive.

For those who missed this free training first time around, the webinars will be delivered again on the following times:

- Webinar 1: Whole school resiliency during the pandemic: a psychological approach- **Tuesday 19 January at 4.00-5.30pm**
- Webinar 2: An individualised approach focusing on bereavement and loss- **Thursday 4 February at 4.00-5.30pm**



Please click the link and search the keywords 'wellbeing for education' to book places mkpdc.org.uk/Training

Planning is also underway for the next stage of the project.

We asked you what you would find useful to help you support emotional wellbeing and mental health in schools over the next term and two key themes emerged: **Anxiety** and **Staff wellbeing**. We will share information about the follow up support available in these areas shortly in this schools update.

Working Memory and how to support children with working memory difficulties

Course summary:

This course aims to provide staff with a clear understanding of what working memory is, how to identify children who struggle with retaining information and to consider strategies to support them.

Objectives of the course:

- Definition – What is working memory?
- Identification – Looking for signs that some children may be struggling with working memory
- Using strategies to help support children with working memory difficulties

Trainers:

Members of the Inclusion and Intervention Team

Course dates and time:

Wednesday 10 March, 3.30- 4.30pm

Wednesday 19 May, 3.30 – 4.30pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SENCos, teachers, and teaching assistants working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

MK SEND processes and information for SENCOs new to the role and new to MK

Course summary:

This course aims to provide SENCOs with a clear understanding of our Milton Keynes SEND processes, to find out more about the different teams and their roles teams, how to find key documentation on the SEND MK Local Offer and of course an opportunity to ask questions.

Objectives of the course:

- To find out more Milton Keynes SEND processes, including using the SEN Support Plan.
- To find out about the SEND Team
- How to navigate and use the SEND MK Local Offer
- An opportunity to ask questions about the SEND processes.

Trainers:

Members of the Inclusion and Intervention Team

Course dates and time:

Wednesday 24 March, 3.30- 4.30pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SENCOs that are new to the role, SENCOs that are new to working in Milton Keynes within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Using structure to support children with SEND in primary schools

Course Summary:

Children with SEND benefit from following structured teaching, learning and activities; this course will show you how you can use structure to differentiate work, build independence and increase confidence in primary age children.

Course Content:

- Importance, and role, of structure
- Building independence
- Visual Structure
- Structured Learning
- Structured Play

Trainers:

Members of the Inclusion and Intervention Team

Course dates and time:

Thursday 4 March, 3.30 – 5.00pm

Or

Thursday 27 May, 3.30 – 5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for teachers, SENCos and teaching assistants working within a mainstream setting.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Recognising the early signs of distress in SEMH pupils

Course summary:

This session is designed for class teams to consider the early warning signs of distress in their key pupils. The key pupils may be those that, when in different stages of crisis, can affect the learning of others or become unsafe and heightened.

Objectives of the course:

LO- I am able to recognise the early warning signs of distress in my key pupils.

LO- I can create range of strategies for different stages of distress of my key pupils.

LO- I can share the plans with appropriate staff and reflect over time on their effectiveness.

It would be useful to come to the session with some pupils already identified so that discussions can be tailored to the specific needs and circumstances of the pupils.

Trainer:

The session is being facilitated by Mike Warner, an SEN teacher at Romans Field School, who before moving into primary education worked in Offender Learning to support teaching teams.

Course dates and time: (Both dates)

Tuesday 12 January, 3.30-4.30pm

Tuesday 2 February, 3.30-4.30pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SENCos, class teachers, Learning Mentors and Teaching Assistants

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Supporting transitions in the Early Years for pupils with SEND/Autistic Spectrum Condition- starting school for the first time

Course Summary:

This session will consider how you can support the successful transition of pupils with SEND/ASC entering your foundation stage for the first time in September 2021.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

- How to work with settings and parents during the summer term, including meetings and visits
- Considering how your environment might look
- Considering strategies to support play
- Considering strategies to support language and communication
- Considering how you might interpret and support behaviour

Course dates and time:

Wednesday 23 June, 3.30-5.00pm

Thursday 23 September, 3.30-5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for class teachers/support staff who will be working with pupils who have SEND/ASC in foundation stage.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk

Emotional Regulation using Zones – practical approaches to support children/young people using the Zones of Regulation

Course summary:

This training aims to provide staff with an understanding of emotional regulation and practical ways to support young people through use of the Zones of Regulation.

Trainers:

Members of the Inclusion and Intervention Team

Course content:

- To have an understanding of what is meant by emotional regulation
- To recognise the approach used in the Zones of Regulation
- To become familiar with the four emotional zones
- To gain knowledge of practical application of the Zones
- To consider practical ways in which the Zones could be adopted to support students at a whole school, group or individual level.

Course date and time:

Monday, 24 May, 2021, 3.45-5.00pm

Venue: Remote training via Microsoft Teams

Who should attend?

This training is useful for SENDCOs, class teachers, staff working in pastoral or wellbeing roles or Teaching Assistants supporting children with SEND.

Bookings

Email: inclusionandinterventiontraining@milton-keynes.gov.uk