WORKPLACE HEALTH

A SHARED SERVICE ACROSS MILTON KEYNES, CENTRAL BEDFORDSHIRE AND BEDFORD BOROUGH

SPRING INTO THE NEW FINANCIAL YEAR!





Now is the time to plant the seeds of improved employee health and wellbeing.

Are you an employer of choice? There is a strong business case for promoting a happy healthy workforce which boosts productivity and retention.

The best place to start is
to explore your
workplace culture or
climate because this is
where the most effective
gains in health and
wellbeing sit.

The Public Health
Workplace
Health Team
Working to improve the health

The Healthy Workplace Standards provide a best practice, evidence informed framework and award scheme which will support you to create a positive climate and reap the benefits of a blooming workforce!

For more information, please click <u>here</u>. For further resources and services visit:

- The <u>Healthy Workplace webpages.</u>
- The <u>Workplace Health and Wellbeing Service Offer</u> which provides a range of FREE services for all workplaces in Bedford, Central Bedfordshire and Milton Keynes.

Monthly matters

- You are invited to a Workplace Health and Wellbeing event at The Ridgeway Centre on 23rd May 2023 to meet a range of health and wellbeing provider services, hear presentations focusing on inclusive employment and be part of the Healthy Workplace Awards. To book, please click here
- The CIPD have published a <u>fact sheet</u> on culture and climate.
- The Healthy Workplace Standards have been mentioned on <u>3 Counties Radio</u>. Listen at 1 hour 26mins.
- £1 million fund for fresh ideas to boost health at work –
 The Government launches a competition for businesses
 to bid for a share of £1m to stimulate innovation in
 Occupational Health
- The Workplace Wellbeing team at the University of East Anglia and RAND Europe carry out research on wellbeing and productivity. For more information go to evolveworkplacewellbeing.org