

# Community Cohesion - supporting children and young people's health and wellbeing notes, presentation and where next

Session: 29 June 2023 1:30 – 4pm

Liz Wilson



BEDFORD  
BOROUGH COUNCIL



**MK** Milton Keynes  
City Council

Public Health:  
Working together to improve the health  
and wellbeing of our communities

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# The Daily Grind Whitespires School

Amanda Fisher, The Saplings Children's Centre, 21/06/23



**Milton Keynes**  
City Council

# Café Launch September 2022

- Work Experience for 6<sup>th</sup> Form Students
- Develop Life Skills
- Preparing to leave education
- Improve Confidence



# Learning Objectives

- Customer Service
- Food Hygiene
- Food Preparation Skills
- Improve Communication Skills



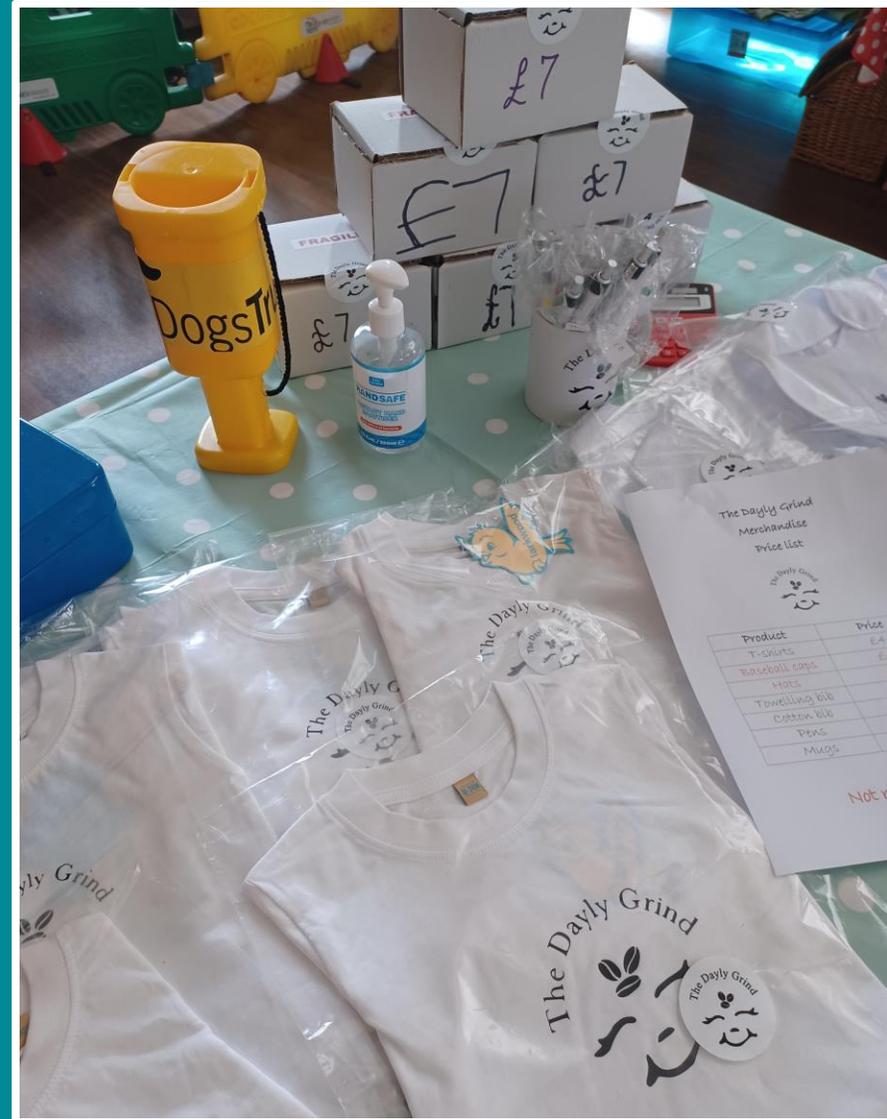
# Customer Service

- Welcoming Customers and showing them to a seat
- Taking orders
- Preparing Food and drinks
- Serving Food and Drinks



# Fundraising

- The Students have extended their enterprise by preparing merchandise to sell, money raised is donated to The Dogs Trust



# Celebrations

The Students and Teaching Staff continually bring a sense of fun and laughter to the Cafe



# Students Views

When we started here at Saplings we were all very nervous, but after 10 months it has become like our second home.

Our parents have noticed how much our confidence has grown

Without this opportunity we would not have made the progress we have

We want to thank everyone for providing such a wonderful place to work

The staff are amazing and so are the mum's, grandma's, dads and children

Our communication skills have really developed

# 'A heartfelt thank you to you all'

'We are going to miss our visits on Wednesdays but you will be in good hands with next year's group. We know Mandy has another very important job to do but we hope she will visit often and order her 'Mandy Special – The Works'



# Farewells and Good Luck



# Thank You



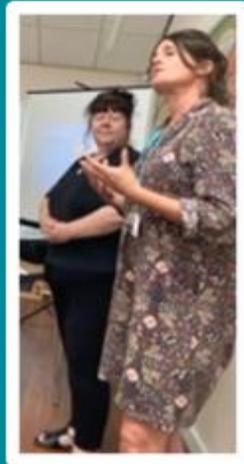
# HYPN Networking and Marketplace



# HYPN evaluation

## Useful session? If so, why?

It gave the opportunity to talk to other people and get to know other organisations and what they do, also how they could contribute to my team



Learning about White Spire project with Saplings

Was very useful as a networking event but also the information shared around Speech and Language support

Linking different services and being able to signpost for families and visit

Networking



Great to chat to others and have the chance to promote children and family centres

# Key aspects/Actions taking back



Linking with children and family centres and promoting different services

I have made four contacts where we will be working with in future

Passing on information to the different families I meet

Will be sending out the QR Code and links via email, visiting different sites to help ease families

Networking/Sharing information/getting to know each other's roles

Our communication skills have really developed



# What shall we do next?

PSHE session for  
Teaching staff and  
HYPN

Virtual sessions for  
showcasing each  
others work

Continue to provide great  
networking opportunities with a  
variety of speakers

Continue to support young  
people and families, the  
testimony and feedback screen  
shows good impact and  
engagement

Keep up with  
the  
communication  
and links

More event's, More info

A Physical  
Activity/Love  
exploring session

COMING SOON Oct 2023 Joint Youth Participation and HYPN event – Led by Youth Council – date to be confirmed.

# Thank you!

If you would like any further information,  
please contact:

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