

Milton Keynes Council response to AP44 of Action Points arising from Stage Two Plan:MK Examination Hearings

The table below identifies that Reception and Year 6 children in Milton Keynes are more overweight or obese when compared to children at a regional or national level. Furthermore, levels of excess weight across all areas increase with age when comparing Reception and Year 6.

The greatest percentile difference when comparing children in Reception Year is identified between Milton Keynes (23.0) and Buckinghamshire (18.0) whereas there is minimal difference between Milton Keynes (23.0) and England (22.6).

When comparing Year 6 children, the greatest percentile difference is highlighted between children in Milton Keynes (33.9) and the South East (30.6). There is negligible difference between children in Year 6 in Milton Keynes (33.9) and England (34.2).

Table 1: Prevalence of excess weight for Reception and Year 6 age children between 2016/17 (%)

	Milton Keynes	Buckinghamshire	South East	England
Reception	23.0	18.0	21.4	22.6
Year 6	33.9	27.2	30.6	34.2

**The term 'excess weight' is applied when an adult or child is classified as overweight or obese.*

Sometimes this is also known as 'above a healthy weight'.

Source: NHS Digital, National Child Measurement Programme