

Sessions for parent/carers and children		
Monday		
Family Learning Courses	Exciting short courses for you and your children. These are bookable sessions. Please speak to a member of the team.	10.00am - 11.00am
Women’s Fitness Class	Come and join an all-women’s class with a female instructor. Gentle exercise for all levels of fitness.	1.30pm - 2.30pm
Baby Massage Course	4-week course for non-crawlers to strengthen bonding and promote relaxation. £10.00 charge per course. This is a bookable session. Please speak to a member of the team.	1.45pm - 2.30pm
Tuesday		
Baby Clinic	Rowans Childrens Centre Moorfoot, Fullers Slade, MK11 2BD An opportunity to talk to the health visiting team and get your baby weighed.	9.30am - 11.30am
Stay and Play	Follow your child’s lead in our stimulating, natural play environment. Lots of exciting play opportunities inside and out to maximise your child’s curiosity and learning. Healthy snacks are also on offer.	10.00am - 11.30am
Parenting Courses	A variety of courses to enhance your knowledge, skills and learning when meeting the needs of a busy family home. These are bookable courses. Please speak to a member of the team.	1.00pm - 3.00pm

Tuesday - continued		
LIPS – Let’s Interact and Play	4-week course to support your child with speech and language. This is a bookable session. Please speak to a member of the team.	1.30pm - 2.45pm
Breastfeeding group NEW	Hedgerows Children’s Centre Langland Road, Netherfield MK6 4NP Come and get 1-1 support from specially trained staff, also, a chance to talk to other mums and build your confidence.	12.30pm - 2.00pm
Wednesday		
Messy Play	Time to be curious! Time to explore and experiment in sensory tuff trays. Healthy snacks are also on offer. Spare clothes advisable.	10.00am - 11.30am
Baby Clinic	Neath Hill Medical Centre Tower Crescent, Neath Hill An opportunity to talk to the health visiting team and get your baby weighed.	1.00pm - 3.00pm
Songs, Stories and Rhymes NEW	Downs Barn School 69 Downs Barn Blvd, MK14 7NA Come and share our love of books! Join us with your child and learn new songs and rhymes in a cosy outreach environment.	1.30pm - 2.30pm
The Nest NEW	Breastfeeding support for families with babies younger than 6 weeks. Drop in and get support from MKUH infant feeding lead midwife, community staff and peer support workers.	1.00pm - 3.00pm
Breastfeeding group NEW	Rowans Children’s Centre 13a Moorfoot, Fullers Slade MK11 2BD Come and get 1-1 support from specially trained staff, also a chance to talk to other mums and build your confidence.	1.30pm - 2.30pm Every third Wednesday of each month

Wednesday - continued		
Terrance Higgins Trust NEW	Need sexual health advice? Free confidential drop ins.	1.30pm - 3.00pm Every fourth Wednesday of each month
Thursday		
ESOL	10 weeks course. English lessons for those with English as a second language This is a bookable session. Please speak to a member of the team.	9.30am - 11.30am
Baby Clinic	Hedgerows Childrens Centre Langlands Road, Netherfield An opportunity to talk to the health visiting team and get your baby weighed.	9.30am - 11.30am
Bumps and Babies	Come and join our relaxed, nurturing, sensory baby session for non walkers. Time together to meet new parents and share experiences.	1.00pm - 2.30pm
Friday		
Rise and Shine it’s breakfast time	Breakfast, hot drinks and a chance to come together with friends.	8.45am - 9.45am Term Time only
Crafty Cuppa	Adult’s arts and crafts with a cuppa and a chance to chat. Children welcome to join you.	10.00am - 11.00am Term Time only
Parent Forum	A group of parents that work together to extend and support the services delivered in the Children’s Centre.	10.30am - 11.30am Last Friday of each month
Socatots NEW	Physical fun for you and your child with a ball. Counting, body parts and colour recognition will also be part of the learning along with building on your child’s self-confidence.	1.30pm - 2.30pm



Saturday Dad's Group

The 2021/22 tour begins...

The 2019 tour was such a success: it's coming back once again.

This is a call to all dads, grandads, male carers, uncles and big brothers to come along to any of the sessions below to play with their young person in a safe, supportive and creative environment.

Saturday 15 January 2022	9.30am to 11.00am	Sunshine Children's Centre, Furzton
Saturday 22 January 2022	9.30am to 11.00am	Robins Children's Centre, Heelands
Saturday 29 January 2022	9.30am to 11.00am	Rowans Family Centre, Fullers Slade
Saturday 5 February 2022	9.30am to 11.00am	Saplings Children's Centre, Central Bleckley
Saturday 26 February 2022	9.30am to 11.00am	Windmill Children's Centre, New Bradwell
Saturday 5 March 2022	9.30am to 11.00am	Tickford Meadow Children's Centre, Newport Pagnell

Any enquiries, please contact
daisychain.childrenscentre@milton-keynes.gov.uk
or
hedgerows.childrenscentre@milton-keynes.gov.uk

Data Protection Privacy Statement

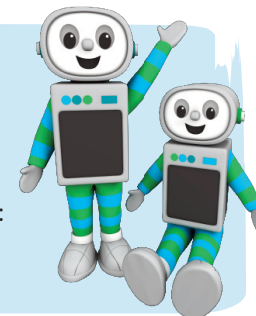
We collect and use information about you so that we can provide you with the best services possible. Full details about how we use this data and the rights you have around this can be found at www.milton-keynes.gov.uk/cafcprivacy. If you have any data protection queries, please contact the Data Protection Officer at data.protection@milton-keynes.gov.uk

Time for twos

You are automatically eligible for 15 HOURS FREE early education for your three or four year old

You may also be eligible for 30 hours FREE early education for your three or four year old. To find out if you are eligible visit:
www.childcarechoices.gov.uk

Or visit your local Children's and Family Centre for more help.



Support and Advice

If you need any support or advice please contact the centre for more information.

We work in partnership with a host of agencies in Milton Keynes, so please reach out. No amount of help needed is ever too big or small.

Are you registered at your local children's centre? If not, visit:
www.milton-keynes.gov.uk/childrens-centres

MK Together

For information regarding MK Safeguarding Partnership arrangements go to the MK Together website: www.mktogether.co.uk/

Find us on Facebook



Conniburrow Children's Centre
1 Germander Place, Conniburrow Boulevard,
Milton Keynes MK14 7DU
01908 675575



Conniburrow Children's Centre Programme

Services and support for families with under fives

Open Monday - Thursday 8.30am - 4.30pm
and Friday 8.30am - 4.00pm

Conniburrow Reach Area:

Conniburrow, Bradwell Common, Downs Barn, Central Milton Keynes,
Campbell Park

www.milton-keynes.gov.uk/childrens-centre