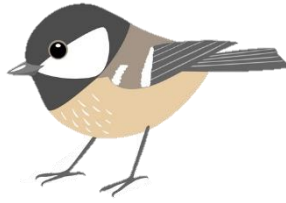
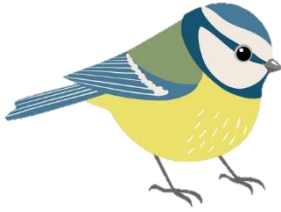


Mini Eco Warrior Challenge Sheet

Birds in winter



Whether it's hot or cold, raining or snowing, birds such as blue tits, sparrows and robins know how to adapt and survive the weather conditions. Here are a few things you can do to help birds keep warm and not be hungry on chilly winter days.

Visit www.milton-keynes.gov.uk/kidsrecycle and using the EYFS/KS1 and Christmas craft worksheets pick 3 of the following challenges:

- **Craft.** Make a bird feeder from an old juice carton. On cold winter days, birds need to eat in the morning as they have used lots of energy to keep warm at night. Feed them bird seed and chopped up leftover fruit, such as apples, grapes and oranges.
- **Eye spy.** Pick an adult and get out and about to explore a wood in MK. Print off the Eye Spy in the Wood sheet.
- **Listen to nature.** When you are out and about be very quiet and listen to the sounds around you. Print off the listening list sheet. Can you hear birds singing, cars and lorries going by, leaves rustling, etc.?
- **Christmas crafts.** Visit our webpage for lots of recycled Christmas craft ideas, including making a robin tree decoration, paper chains and reindeer sweet jar.
- **Be helpful.** Complete the Christmas match up quiz so you know what to do with your rubbish once you have opened your presents.