

# Small actions, Big impact

Small changes in our lives can make a big difference to our local environment and the planet too. Here are a few ideas to get you started. Tick those you already do and plan which actions you will start doing.

- Switch off computers, laptops, microwaves, phone chargers and TV's when you are not using them. They all use energy when left on standby



- Turn off the light when you leave a room/ This will energy and money

- Shower instead of having a bath. A 5 minute shower will use around 40 litres, a bath will use around 80 litres.



- If something breaks or gets damaged try and repair it. Have a go at sewing on a button.



- Swap from throwaway plastic water bottles to a reusable one, both at home and school. Use a reusable tub for packed lunches instead of sandwich bags, clingfilm or tin foil.



- Walk, scoot or cycle to school. If you go to school in the car then park a bit further away so you can have a short walk



- Always put your rubbish in the bin. Never drop litter on the floor as this can harm wildlife and makes where you live look messy

- Take clothes, games and other items you no longer need to your local charity shop. Then someone else gets to use them and helps fundraise too.



What else could you do differently?