



Sunshine Children's centre

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Stay & Play 10-11:30</p> <p>A play session for under 5's and their parent/carer with indoor and outdoor play. Contact the centre to book your place.</p>	<p>Nurture Programme Parenting workshop Contact the centre for more information.</p>	<p>Cooking on a budget 10-12</p> <p>A course run by community learning.</p>	<p>Baby Group 10-11:30</p> <p>A group for non-walkers which includes sensory play, songs and rhymes.</p>	<p>Music Bugs 10-12</p> <p>Contact michelle@musicbugs.co.uk to book.</p>
<p>Sensory room available Contact the centre for more information.</p>	<p>LIPS A fun interactive course to support your child's speech and language. Contact the centre for more information.</p>	<p>Café 1:30-3:00</p> <p>Drop in café with activities for you and your child.</p>	<p>Family ESOL 1-2:45</p> <p>Develop basic English speaking and listening skills. Contact the centre for more information.</p>	<p>Saturday Dad's group – on tour (call the centre for details of venues)</p>