

# DAFS

DRUGS & ALCOHOL FAMILY SUPPORT

*in partnership with*

## SAMAS

SUPPORT, ADVICE, MENTORING  
AND ADVOCACY SERVICE

## Who are DAFS?

**DAFS** are a small team of volunteers who focus on supporting and empowering families of addicted loved ones without judgement or exclusion.

We work in partnership by sharing lived experiences, offering compassion and understanding.

We aim to **raise awareness, reduce feelings of isolation, help build self-confidence, self esteem and self worth.**

We motivate families to live their lives, laugh again and to have **HOPE** for the future.

## WE COMFORT HURTING FAMILIES

## Get Support!

Join us on Facebook!

[www.facebook.com/groups/MKFamilysupportgroup](http://www.facebook.com/groups/MKFamilysupportgroup)



Speak to Val and Lynn...

Tel: **07598346244 OR 07874849659**

or

Email: **dafsmailbox@communityled.org.uk**

[www.communityled.org.uk](http://www.communityled.org.uk)

