

Independent Travel Training

A leaflet for young people



www.milton-keynes.gov.uk/htst

Supporting young people who have learning difficulties or a disability to travel independently in Milton Keynes

What is Independent Travel Training?

Independent Travel Training offers you support if you would like to learn how to travel on your own between home and school or college, either by walking or on public transport, usually a bus.

Who is the training for?

You can do the training if you live in Milton Keynes, have a disability and/or learning difficulty and go to school or college.

Why take part in Independent Travel Training?

The training will give you the confidence to travel on public transport on your own when you feel comfortable.

Training can help you gain:

- confidence using buses
- road safety skills
- more confidence while out and about
- skills to travel to school or college, and plan how you will get there
- travel skills that will help you to travel places after school or at the weekends
- the ability to handle money and tips on who to ask for help.



Where will the training take place?

First of all we will come to your house or school to talk to you about the training, wherever is more comfortable for you. Most of the practical training will be in real life settings travelling to and from school.

Sessions could take place on days off school or in the afternoons if it's better for you.

How long does the training take?

All training is personalised to meet your needs. During the training, you may get help from a travel buddy, who will stay with you while you practise your journeys from home to school or college. We will keep your parents or carers informed of progress at all times and can arrange to meet with them at home to discuss further if you or they would like us to.

Will training have an effect on current transport arrangements?

While you complete the training, your transport arrangements will stay the same to begin with.



What happens when I've done the training?

Once you feel confident you can make the journey between home and school or college on your own, you will be asked to make future journeys on your own.

You may also be eligible for a bus pass that will enable you to travel on buses for free during the training and after. For home to school travel eligibility information, please refer to details on our website at: <https://www.milton-keynes.gov.uk/htst>

Oliver has already taken part in the training.
He said:

"It has given me my independence. It's great being able to get the bus home when my timetable changes, rather than wait for a lift."



For more information contact:

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