

Wellbeing for Education Return Overview

Phase One

Webinar One:

Whole school resiliency during the pandemic: a psychological approach

Webinar Two:

An individualised approach focusing on bereavement and loss



Links to useful resources:

[KEY NOTES: Webinar One](#)

[KEY NOTES: Webinar Two](#)

[MindEd Every Interaction Matters](#)

Phase Two

Information sheets:

Information sheets outlining useful local resources, sources of support, interventions and training

Webinars:

1. Staff Wellbeing webinar- **3rd March & 11th March – 3.45pm** (60-75 minutes duration). Places can be booked by visiting the link below and searching the keyword 'wellbeing'
www.mkpdc.org.uk/Training
2. Webinar for parents on bereavement and loss during the pandemic- as part of the MK SEND Information Festival- 4th-6th February 2021.

Supervision:

Professional supervision sessions for school staff with an Educational Psychologist, booked by emailing: education.psychology@milton-keynes.gov.uk



Links to useful resources:

[Information sheet for Educational Settings: Anxiety](#)

[Information sheet for Educational Settings: Staff Wellbeing](#)