



# Tickford Meadow and Woodlands Children's Centres Programme

Services and support for families with under fives

Open Monday - Friday 8.30am - 4.30pm

Tickford Meadow and Woodlands Reach Area:  
Newport Pagnell and Olney

[www.milton-keynes.gov.uk/childrens-centre](http://www.milton-keynes.gov.uk/childrens-centre)

## Sessions for parent/carers and children

### Monday

**Drop in café** Drop in for a cuppa and a chat with other parents/carers and children. 9.30am - 11.00am

**Stay and Play** Activities and experiences for you and your child to enjoy together, make new friends and have fun! 1.15pm - 2.45pm

### Meet and Greet

Monday to Friday - 8.30am - 9.00am

Local schools.

### Tuesday

**Story and Song Time** **Olney Library, High Street MK46 4EF** 11.15am - 11.45am  
Come along to enjoy stories and songs with your child with a member of the team.

**Baby Clinic** **Lovatt Hall, Silver Street, Newport Pagnell** 1.00pm - 2.45 pm  
Run by health visitors. Meet a member of Tickford/Woodlands team.

**Butterflies** Inclusive group for children with an additional need. Come along to explore a range of toys, textures and lights for a fun sensory experience. **Open to all Milton Keynes residents** 1.30pm - 3.00pm

### Data Protection Privacy Statement

We collect and use information about you so that we can provide you with the best services possible. Full details about how we use this data and the rights you have around this can be found at [www.milton-keynes.gov.uk/cafcprivacy](http://www.milton-keynes.gov.uk/cafcprivacy). If you have any data protection queries, please contact the Data Protection Officer at [data.protection@milton-keynes.gov.uk](mailto:data.protection@milton-keynes.gov.uk)

## Wednesday

<b>Fair Share</b>	Food available at the centre to collect.	From 8.30am
<b>Bumps and babies</b>	Designed for families expecting a baby or families with a child under 12 months. Come along to meet others and join in with activities.	10.00am - 11.30am
<b>Local Parks</b>	<b>Olney outreach</b> Meet up with the Team in local parks for a fun outdoor play experience. Venues to be confirmed - ask in centre for details.	1.00pm - 2.30pm

## Thursday

<b>Stay and Play</b>	Activities for you and your child to support their development through play and make new friends.	10.00am - 11.30am
<b>Crawlers and Toddlers</b>	Designed for families with a child between 12 months and 2 years old. Come along to meet others and join in with activities.	1.00pm - 2.30pm

## Friday

<b>Parenting courses</b>	Ask in centre for further details.	9.30am - 11.30am
<b>Messy play and Crafts</b>	A fun filled session to enjoy being creative, have fun and make new friends. Please call the centre to book your place.	1.15pm - 2.45pm

### Family support and advice

#### Monday to Friday - throughout the day

Advice available for support with parenting, local resources, accessing services and charities, no need to book , just drop into the centre or give one of us a call 01908 217135



## Healthy Start Vitamins

Healthy Start vitamins coupons can be exchanged at all the centres.



## MK Together

For information regarding MK Safeguarding Partnership arrangements go to the MK Together website:

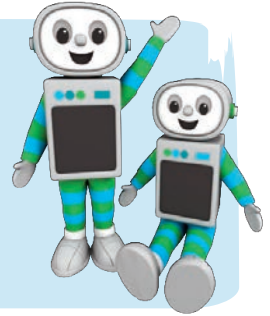
[www.mktogether.co.uk/](http://www.mktogether.co.uk/)

## Time for twos

You are automatically eligible for 15 HOURS FREE early education for your three or four year old

You may also be eligible for 30 hours FREE early education for your three or four year old. To find out if you are eligible visit: [www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk)

Or visit your local Children's and Family Centre for more help.



## Volunteering

Gain some work experience, job opportunities or just help your local community? If so our Children and Family Centres need you! If you have a few hours to spare your local centre has varying roles available, offering accredited volunteer training and enhance your CV.

## Food Bank

*Please speak to a member of staff at your local centre.*



Find us on Facebook



Are you registered at your local children's centre? If not, visit: [www.milton-keynes.gov.uk/childrens-centres](http://www.milton-keynes.gov.uk/childrens-centres)

**Tickford Meadow and Woodlands Children's Centre**  
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