

Sessions for parent/carers and children

Monday

Story and Song Time	At Oldbrook School Come and join the team as we explore stories, songs, and rhymes.	9.00am - 10.00am Term Time only
Baby Explorers	Come and join our relaxed, nurturing, sensory baby session for non-walkers. Time together to meet new parents and share experiences.	1.00pm - 2.30pm

ESOL

English for speakers of other languages This course is suitable for parents and carers where English is not their first language. Please contact Pebbles for more details. **Booking required.**

Tuesday

Fun Fitness 4 Women	Come and get fit with us in this fun active session. This session is run by All People Active.	9.15am - 10.15am Term Time only
Stay and Play	Fun activities for both you and your child to help support their learning and development.	10.00am - 11.30am
Story and Song Time	Come and join us as we explore stories, songs, and rhymes. This session is aimed at children that are getting ready to go to pre-school or school.	1.00pm - 2.30pm

Parenting Programmes

A range of programmes are available to support parenting skills, child development and healthy lifestyles. Please contact Pebbles for more details. **Booking required.**

Wednesday

Morning Meet up	Are you pregnant? New to the area? Have an under 5? Need someone to talk to? why not come to this quiet session where your little one can play, you can talk to other parents and staff about life and all its ups and downs.	10.00am - 11.30am
Health Visitor Development Checks	Bookings are made through the 0-19s health service.	9.15am - 11.30am
Pop in and Play	Why not come see us after school pick up for a cup of tea and catch up, while the children play.	3.00pm - 4.00pm

Baby Massage

0-4 months, 5-week courses for parents with young babies to strengthen bonding and promote relaxation. Please contact Pebbles for more details. **Booking required.**

Thursday

Story time	At Kingston Library A member of team to be present for support and registrations.	10.00am - 10.30am
Sensory Extra	Come and join us at sensory extra we will be exploring different activities that will help develop our senses. This session is for children that may find our Stay and Play sessions a little overwhelming.	10.00am - 11.15am
Stay and Play	Fun activities for both you and your child to help support their learning and development.	1.00pm - 2.30pm



MK Together

For information regarding MK Safeguarding Partnership arrangements go to the MK Together website: www.mktogether.co.uk/

Friday

Baby Explorers	Come and join our relaxed, nurturing, sensory baby session for non-walkers. Time together to meet new parents and share experiences.	10.00am - 11:30am
Study Time	Are you trying to study with a under 5 at home? You are not the only one. Why not come along to study time with your little one and your laptop.	1.00pm - 2.30pm

MKC Foster Carers Group

A chance to network with other MKC foster carers.

Please contact Pebbles for more details.

Support and Advice

If you need any support or advice please contact the centre for more information.

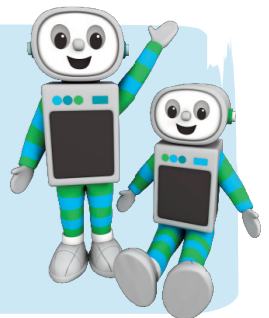
We work in partnership with a host of agencies in Milton Keynes, so please reach out. No amount of help needed is ever too big or small.

Time for twos

You are automatically eligible for 15 HOURS FREE early education for your three or four year old

You may also be eligible for 30 hours FREE early education for your three or four year old. To find out if you are eligible visit: www.childcarechoices.gov.uk

Or visit your local Children's and Family Centre for more help.



Data Protection Privacy Statement

We collect and use information about you so that we can provide you with the best services possible. Full details about how we use this data and the rights you have around this can be found at www.milton-keynes.gov.uk/cafcprivacy. If you have any data protection queries, please contact the Data Protection Officer at data.protection@milton-keynes.gov.uk



Working Parent's Group

The 2022 tour update...

This is a call to all mums, dads, carers, uncles, aunts and big brothers and sisters to come along to any of the sessions below to play with their young person in a safe, supportive and creative environment. All Saturday sessions are from 9.30am to 11.30am with pastry treats available.

Saturday 3rd September 2022	Rowans Family Centre, Fullers Slade
Saturday 24th September 2022	Sunshine Children's Centre, Furzton
Saturday 22nd October 2022	Hedgerows Family Centre, Netherfield
Saturday 26th November 2022	Saplings Children's Centre, Central Bletchley
Saturday 10th December 2022	Moorlands Family Centre, Beanhill

Any enquiries, please contact
daisychain.childrenscentre@milton-keynes.gov.uk

Information

Private room hire

Did you know...? That our centres are available for private hire? They are perfect for parties, meetings and wedding receptions. To find out more details for bookings please contact your local centre.

Volunteering

Gain some work experience, job opportunities or just help your local community? If so our Children and Family Centres need you! If you have a few hours to spare your local centre has varying roles available, offering accredited volunteer training and enhance your CV.



Healthy Start Vitamins

Healthy Start vitamins coupons can be exchanged at all the centres.

Food Bank

Please speak to a member of staff at your local centre.



Find us on Facebook



Are you registered at your local children's centre? If not, visit:
www.milton-keynes.gov.uk/childrens-centres

Pebbles Children's Centre
Newlyn Place, Fishermead, Milton Keynes, MK6 2LP
01908 240556



Pebbles Children's Centre Programme

Services and support for families with under fives

Open Monday - Thursday 8.30am - 4.30pm
and Friday 8.30am - 4.00pm

Pebbles Reach Area:

Fishermead, Springfield, Oldbrook North, Monkston, Monkston Park, Kents Hill and Woughton on the Green.

www.milton-keynes.gov.uk/childrens-centre