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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Outreach at Glebe Farm School, Community Hub Burney Dr, Glebe Farm, MK17 8XY**  **9:30-10:15**  **Song and story time**  Come join us for a story, followed by interactive songs and rhymes.  Suitable for all ages **Please arrive promptly for this session.**  **Term Time Only.**  **10:45-11:30**  **Glebe babes**  Baby group for pregnancy to non- walkers, an opportunity to experience a wide range of age-appropriate activities, including sensory activities, to help parent and baby to support their learning, development, and bonding.      **13:00 – 16:00**  **Development Checks**  Children’s development checks that are booked through the Health Team.    **13:00 – 15:00**  **Healthy Pregnancy** | **9:30-10:45**  **Stay and Play**  Fun and exciting opportunity to experience a wide range of appropriate activities for both parent and child, to help support their learning and development. Including messy play  (Please wear appropriate clothing)      **13:00 - 14:30**  **Inbetweenies**  For our little ones up to 18 months who are on the move, but too big for our baby group, but still not ready for our stay and play.  an opportunity to experience a wide range of age-appropriate activities, including sensory activities, to help parent and baby/child to support their learning, development, and bonding.  **Term Time Only**      **13:00 – 16:00**  **Development Checks**  Children’s development checks that are booked through the Health Team. | **Parenting courses**  Please ask for more details.    **9:30 - 11:30**  **Community Learning MK**  **13th September-18Th October**  **Simple Sewing Craft**  Learn the skills to create beautiful arts and crafts and enhance or transform items you already have over 6 weeks.  **Please book this session with the team. Creche available, limited space**  **14:00 – 16:00**  **After School Fun**  Pop in before picking up from pre-school/school or after with your children. come have a cuppa, play some board games, and have a little play.  **Term Time Only** | **9:45 - 11:15**  **Hummingbabes**  Baby group for non- walkers, an opportunity to experience a wide range of age-appropriate activities, including sensory activities, to help parent and baby to support their learning, development, and bonding.  **Baby Weaning support.**  Every 4 weeks starting 28th September one of the nursery nurses from Health team will be in the session to answer any questions and worries you may have.    **9:45 - 11:15**  **Breast feeding support 2nd Thursday of the month.**  All pregnant and breast-feeding mums welcome, get one-to-one help and support from specially trained staff.  This will be running alongside our Hummingbabes group.    **13:00 – 14:00 /14:00 -15:00**  **Baby massage/ Baby yoga**  Run by independent provider Helen Hart, 5 week running programme, please contact the centre for more information.  01908 609609    **13:00 – 16:00 Development Checks**  Children’s development checks that are booked through the Health Team. | **9:30 – 11:30**  **Fun day Friday’s**  On our fun day Friday’s, we will be doing Buggy walk’s, picnic in the park, messy play.  **Please keep a look out on our Facebook page or Instagram for update and detail of activities**        **13:00-14:30**  **Let’s get Physical.**  MK Dons Set will join us with this session which will incorporate a range of soccer-based drills and games that will test your skills and keep you engaged and motivated throughout the workout. After you will have a chance to unwind and socialize with a cuppa  **This session is for the parents,**  **but Children can attend.** |