# Sessions for parent/carers and children

	Monday	
Little Robins Baby Group	Join us for a relaxed, nurturing session with sensory toys and a chance to meet and chat with other parents. For non-walkers.	10.00am - 11.30am
Lunch and Play	Join us for a light lunch and an opportunity to socialise and play.	12.00 noon - 1.00pm
	Tuesday	
Tweenies Soft Play	A stay and play session for our younger toddlers aged 12month-2 years- a transition before our full stay and play session. Snack provided	10.00am - 11.30am
Baby Clinic	At Rowans Children's Centre  13A Moorfoot, Fullers Slade. MK11 2BD  An opportunity to talk to the health visiting team and get your baby weighed.	9.30am - 11.30am
Foodbank Top Up Shop	At Conniburrow Community Centre 37-39 Conniburrow BLVD MK14 7DX Choose 10 store cupboard items for £2.00 for individuals or 20 items for £4.00 per family. DON'T FORGET YOUR BAGS	10.00am - 11.30am
Robins's Walk and Chatter	Meet at Robins Children Centre Lets take a wander and see where our little feet take us.	1.00pm - 2.00pm

# **Data Protection Privacy Statement**

We collect and use information about you so that we can provide you with the best services possible. Full details about how we use this data and the rights you have around this can be found at <a href="www.milton-keynes.gov.uk/cafcprivacy">www.milton-keynes.gov.uk/cafcprivacy</a>. If you have any data protection queries, please contact the Data Protection Officer at <a href="mailton-keynes.gov.uk">data.protection@milton-keynes.gov.uk</a>

Wednesday			
Volunteers Course	Volunteers - City and Guilds - Level 1 Award Starting September 2023 To find out about the CLMK/ Parenting Courses on a Wednesday. Please contact the centre. Creche available	9.30am - 11.30am	
Robins Community Food Share	Help us reduce food waste. Free fruit, veg and bakery goods. DON'T FORGET YOUR BAGS	1.00pm - 2.00pm	
Baby Clinic	At Neath Hill Health Centre  1 Tower Crescent, Neath Hill. MK14 6JY An opportunity to talk to the health visiting team and get your baby weighed.	1.00pm - 3.00pm	

### **Sensory Room**

Wednesdays and Thursdays, 1.00pm - 2.00pm

Sensory resources, bubble tube and lights to share with your child Please contact the centre to book. The sensory room is suitable for 4 people.

	Thursday	
Stay and Play	Activities and experiences for you and your child to support their development through play. Snack provided.	10.00am - 11.30am
Robins Lending Library	Choose a book from our library selection to take home, share and read together.	11.30am - 12.00 noon
Baby Clinic	At Hedgerows Family Centre Playzone, Langland Road, Netherfield. MK6 4NP An opportunity to talk to the health visiting team and get your baby weighed.	9.30am - 11.30am

### **Friday** Feel Good Friday Learn the skills to create beautiful arts 10.00am - 11.30am **Mindful Crafts** and crafts and enhance or transform items you already have. Have fun in a relaxing environment. Creche available. To book your place please contact the centre. **Community Fridge** 9.30am - 11.30am **At Conniburrow Community Centre** 34 Bramble Avenue, Conniburrow. **MK14 7AP** Help reduce waste. Free fruit, vegetables and bakery items. **DON'T FORGET YOUR BAGS**

### Support and Advice

f you need any support or advice please contact the centre for more nformation.

We work in partnership with a host of agencies in Milton Keynes, so please reach out. No amount of help needed is ever too big or small.

### **Parenting Courses**

A rolling programme of courses to support parenting skills, child development and healthy lifestyles. Please speak to a member of the team for more details.

## Information

#### Private room hire

Did you know...? That our centres are available for private hire? They are perfect for parties, meetings and wedding receptions. To find out more details for bookings please contact your local centre.



# **Working Parent's Group** The 2023 tour update...

Saturday 9th September 2023 Saturday 21st October 2023

Saturday 9th December 2023

Rowans Family Centre, Fullers Slade Saturday 23rd September 2023 Sunshine Children's Centre, Furzton Hedgerows Family Centre, Netherfield Saturday 25th November 2023 Saplings Children's Centre, Central Bletchley Moorlands Family Centre, Beanhill

01908 565852 01908 508566 01908 239000 01908 378123 01908 679819

All Saturday sessions are from 9:30am - 11:30am

Any enquiries, please contact www.milton-keynes.gov.uk/childrens-centre



#### Time for twos

You are automatically eligible for 15 HOURS FREE early education for your three or four year old

You may also be eligible for 30 hours FREE early education for your three or four year old. To find out if you are eligible visit: www.childcarechoices.gov.uk

Or visit your local Children's and Family Centre for more help.





### **MK Together**

For information regarding MK Safeguarding Partnership arrangements go to the MK Together website: www.mktogether.co.uk/

# Volunteering

If you have a few hours to spare your local Children and Family Centres need you. We have varying roles available offering accredited training to enhance your CV and support your local community.



### **Healthy Start** Vitamins

**Healthy Start** vitamins coupons can be exchanged at all the centres.



Please speak to a member of staff at your local centre.



Find us on Facebook



Are you registered at your local children's centre? If not, visit: www.milton-keynes.gov.uk/childrens-centres

**Robins Children's Centre** Glovers Lane Milton Keynes MK13 7QL





# The Robins Children's Centre **Programme**

# Services and support for families with under fives

Open Monday - Thursday 8.30am - 4.30pm and Friday 8.30am - 4.00pm

**Robins Reach Area:** 

Heelands, Bradwell, Bradwell Abbey, Great Holm, Two Mile Ash, Wymbush

www.milton-keynes.gov.uk/childrens-centre

01908 318758

