

## Oral Health:

## Children & Young People

- Oral health changes are outlined in <u>Oral health changes information</u> February 2019.
- Oral health resources which can be used by professionals to promote good oral health:
  - Tilly the tooth PHE resources keeping our teeth healthy lesson plan
  - Brush DJ
  - Top tips for teeth
- Children's Oral Health e-learning programme Health Education England e-Learning for Healthcare (HEE e-LfH), Faculty of Dentistry, Royal College of Surgeons and UCL Eastman Dental Institute and Hospital free Children's Oral Health e-learning programme provides:
  - information and advice about children's oral health aimed at parents, expectant mothers, early years healthcare workers, teachers, nurses, GPs and the public
  - covers the main causes of tooth decay and simple actions that can be taken to prevent the problem
  - explains when a child's primary (baby) and adult (permanent) teeth
    start to appear, and what you should do if a tooth is knocked out
  - the programme consists of one e-learning session that will take about 20 minutes to complete with a number of self-assessment questions throughout the learning which enable understanding of the key points to be checked

