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| **Monday** | **Tuesday** | **Wednesday**  | **Thursday** | **Friday**  |
| **Tea, Toast and story time!****9.15-10.15**Join us for tea and toast finished off with a story and songs!**Community Larder & Larder Registrations** **2pm-4pm**Join your local community larder today. Sign up today by accessing <https://www.sofea.uk.com>. Just £3.50 can get you up to 10 items from the freezer, fridge or cupboard plus as much fruit and veg as you can use from the stock available!  | **Stay and Play** **10am – 11.30am**A stay and play session suitable for all ages. Come along to meet others and join in with a variety of fun activities, toys and messy play whilst making new friends! Healthy snack provided.**Community learning/ Parenting Courses** **1pm-2.30pm-**Fun sessions provided by community learning and parenting courses run by the children’s centres. Call the centre and check Facebook for the latest sessions on offer.  | **Tiny Rainbows** **9am-10.15**Come along to explore a range of colours, textures, sights, and sounds with your little one. A warm and friendly group designed for non -walking babies.**Coffee Hub****10.30-11.30**An informal session for families to drop in for a hot drink and catch up as well as support with forms and funded nursery hours. **Development checks** **12.30-pm-4pm**Health visitor clinic at Rainbow Children Centre for your child’s development checks. Pre- booked appointments with health visiting team only | **Community learning** **10am-11.30am-**Fun sessions provided by community learning. Call the centre and check Facebook for the latest sessions on offer. **Little Talkers Story Café** **1pm-2pm** Open up your child’s imagination through the use of stories, songs and rhymes.. Speak with our team to learn how best to support your children with speech and language skills whilst encouraging a positive interaction with books and stories. We will also be incorporating trips to the local Library in Wolverton- keep an eye out on our Facebook page for more details. | **Rise and Shine Breakfast** **9.15am-9:45am** Come and join us for some breakfast and a nice warm drink. Catering for both children and adults. **Soft Stay and Play** **9:45am-11:15am**Crawl, climb and slide into your Friday with our fun filled soft stay and play session. Throughout the session we will have full access to the outdoor garden where even more fun awaits. **Family Food Share**  **1pm-3:45pm**Come along to collect some groceries for you and your family which otherwise would see it go to waste. We have a wide range of delicious foods to take home and cook up a storm!Please bring a bag and small food bags to take away a sweet treat! |
| **Maternity MK****9:00-4:00pm** Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. | **Maternity MK****9:00-4:00pm** Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. | **Maternity MK****9:00-4:00pm** Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. | **Maternity MK****9:00-4:00pm** Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. | **Maternity MK****9:00-4:00pm** Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. |