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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Stay and Play**  **9:45 – 11:15**  A stay and play session suitable for all under 5s. Come along to meet others and join in with a variety of fun activities, toys and messy play whilst making new friends! Healthy snack provided.  **LIPs**  **Let’s Interact & Play**  **1:30 – 2:30**  A fun interactive group to support your child’s early communication and speech through play. Please speak to member of staff for more information.  **Storytime Café**  **2:30 – 3:00**  This snack time café will be an opportunity to share stories with your little one and have a healthy snack. | **Breakfast Club**  **8:45 – 9:30**  Breakfast club is a time for you to have tea and toast and a play before the Centre’s session begin.  **Little Explorers**  **9:30 – 10:30**  A session for under 1s/non-walkers. Lots of sensory play and a chance to meet other new parents.  **Mums to-be Café**  **10:30 – 12:00**  A chance to meet other Mums to-be, have a chat with refreshments.  **Community Learning**  **1:30 – 3:00**  Fun sessions provided by community learning. Call the centre and check Facebook for the latest sessions on offer.  **Story, Songs and Rhymes**  **2:00 – 3:00**  Enjoy this themed story and song time – to spark a love of books.  **Bumps & Babies**  **2:00 – 3:00**  Baby Group for new parents and Mum’s to-be. | **Breakfast Club**  **8:45 – 9:45**  Breakfast club is a time for you to have tea and toast and a play before the Centre’s session begin.  **Mucky Pups**  **9:45 – 10:45**  Messy Play fun! £1 contribution encouraged.  **Family Fortunes**  **10:00 – 12:00**  Budgeting session to help ‘stretch that cash’.  **Soft Play**  **1:15 – 2:00**  Under 4s session – build, climb and explore.  **Toddler Time**  **2:00 – 2:30**  Fun-filled music session.  **Well-Being Wednesday**  **1:30 – 3:00**  Adults only session, meeting new people, crafting, and a cuppa on offer. | **Little Boppers**  **9:30 – 10:30**  Under 2s session – fun packed featuring dancing, soft play and crafts.  **Storytime Café**  **10:30 – 11:00**  This snack time café will be an opportunity to share stories with your little one and have a healthy snack.  **ESOL Course**  **12:30 – 2:30**  A session for adults that would like to learn to speak English. This is a pre-bookable session.  **Stay & Play**  **1:30 – 3:00**  A stay and play session suitable for all under 5s. Come along to meet others and join in with a variety of fun activities, toys and messy play whilst making new friends! Healthy snack provided.  **Afterschool Storytime Café**  **3:30 – 4:00**  Stories and a light tea/snack. | **Family Food Share**  **9:00 – 4:00**  Come along to collect some groceries for you and your family which otherwise would see it go to waste.  **Baby Clinic**  **9:30 – 11:15**  Drop in Clinic to get your baby weighed and speak to a Health Visitor.  **Baby Group**  **9:30 – 11:15**  Play opportunities and staff on hand for a chat.  **Parenting Courses**  **10:00 – 12:00**  Call the Centre to see what Parenting Course is running and to book your space.  **Washing Machine Use/Café**  **1:30 – 3:00**  Use of Washing Machine available. £1 contribution please.  **Outdoor Explorers**  **2:00 – 3:00**  An outdoor session, in one of our gardens or out in the community for a walk/visit local parks. |
| **Development Reviews**  **9:00 - 4:15pm**  Development Reviews for 9–12-month-olds and 2 years. These are by appointment only. | **Development Reviews**  **1:00 - 4:15pm**  Development Reviews for 9–12-month-olds and 2 years. These are by appointment only. | **Maternity Appointments**  **9:00 - 4:00pm**  Ante-natal and post-natal check-ups. These are by appointment only. | **Maternity Appointments**  **9:00 - 4:00pm**  Ante-natal and post-natal check-ups. These are by appointment only. | **Development Reviews**  **9:00 - 1:00pm**  Development Reviews for 9–12-month-olds and 2 years. These are by appointment only. |
|  | **PING-PONG hire available** | **PING-PONG hire available** | **PING-PONG hire available** | **PING-PONG hire available** |