

WORKPLACE HEALTH

A BULLETIN FOR EMPLOYERS TO SUPPORT WORKPLACE HEALTH AND WELLBEING

A FOCUS ON DOMESTIC ABUSE



White Ribbon

White Ribbon is the UK's leading charity engaging men and boys to end violence against women and girls. All organisations, large or small are able to become White Ribbon UK accredited - [click here](#)

[White Ribbon Day 2023 — White Ribbon UK](#)

White Ribbon Day

This year, the campaign is encouraging organisations to make consistent choices and actions to #ChangeTheStory for women and girls, so that they may live their lives free from the fear of violence.

The 16 Days of Activism kicks off on 25 November 2023,

the International Day for the Elimination of Violence against Women, and runs until 10 December, Human Rights Day.



The [Healthy Workplace Standards](#) are a best practice framework which will help you to support employees impacted by domestic abuse.

[Register now](#)

and the Workplace Health Team will help you to achieve your goals and a healthy workplace award.



Did you know?

- 1 in 5 adults experience domestic abuse during their lifetime. This equates to 1 in 4 women and 1 in 7 men.
- Nationally a domestic abuse related call is made to the police every 30 seconds.



Domestic abuse has an impact at work. It can negatively affect those abused as well as their workplace colleagues. However, the workplace is one of the few places that a person experiencing abuse can be separate from their abuser. It's essential that employers are knowledgeable about domestic abuse as they are ideally placed to offer key support to those experiencing it.

The key areas for workplaces to consider are:

- Understanding domestic abuse, what it is, the legislation and recognising the signs of abuse.
- Developing a domestic abuse policy.
- Raising awareness and reducing stigma.
- Being aware of local support services and signposting.
- Appointing domestic abuse champions or responders to support the workforce.
- Creating a support hub within the workplace.

Available support for workplaces in Milton Keynes include: [domestic abuse awareness training](#) and free short pre-recorded domestic abuse [webinars](#). If you are interested in developing a domestic abuse champion network within your workplace, please contact Feyi@MK-ACT.org for more details and available training.

Available support for workplaces in Central Bedfordshire include: [domestic abuse responders training](#).

Available support for workplaces across Bedfordshire includes: [domestic abuse e-learning session](#) which lasts for 90 minutes and [Support Hubs](#) that provide staff with a confidential space to make calls / seek signposting regarding a number of issues including domestic abuse.

If you would like to signpost one of your employees to support with domestic abuse, please contact the relevant service / information below:

- For workplaces in Milton Keynes – please contact [MK ACT](#)
- For workplaces in Bedfordshire – please review the [Bedfordshire Domestic Abuse Partnership \(BDAP\)](#) website to find suitable service and contact details.

