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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 10:00- 11:00am  **Community Larder at the Trinity Centre MK6 2LA**  A member of the Pebbles team will be available to support and let you know what the children’s centre can offer you and your children.  10:00- 11:00pm  **Drop- In session at Springfield house. This session is for residents.**  A member of the Pebbles team will be available to support and let you know what the children’s centre can offer you and your children**.**    1.00 – 2.30pm  **Bumps and Babies**  Come and join our relaxed, nurturing, sensory session for expectant parents and babies (non-walkers).  Time together to meet new parents & share experiences. | 10.00am -11.30am  **Stay and Play**  Fun creative activities for both you and your child to help support their learning and development. This session can sometimes get a little messy so please make sure you dress for mess.  1:00- 2:30pm  **Help Hub**  Do you need support with form filling for work, school, or home?  Come and see if we can support you. | 8:45- 10:30am  **Morning meet-up**  Come and join us for a light breakfast, chat, and play. You can come with or without your children.  9:00  **Meet and Walk at Pencarrow Mews**.  This session is for residents.  Meet a membered the team and walk to Pebbles Children’s Centre to see what support and fun we can offer you and your family.  3:00- 4:00pm  **Pop in and Play**  Why not come see us after school pick up for a cup of tea and catch up, while the children play. | 1.00pm – 2.30pm  **Stay and Play**  Fun creative activities for both you and your child to help support their learning and development. This session can sometimes get a little messy so please make sure you dress for mess. | 10:00-11:30am  **Feel Good Friday**  Come and join us for a hot drink and adult’s colouring. This session is a great session to come to if you need some company and conversation. You can come to this group with or without your children.  1:00- 2:30pm  **First steps**  This session is for our babies that are on the move but are not confident on their feet yet. We will explore ways to promote physical development. This session will have soft play out weekly and once a month we will go out for a walk to explore Milton Keynes. |
|  | 9:00-4:00pm  **Maternity MK**  Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. | 9:15- 11:30am  **Health Visitor Development Checks**  Bookings are made through the 0-19s health service. | 9:00-4:00pm  **Maternity MK**  Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only. |  |