



Seedlings Children's Centre Programme

Services and support for families with under fives

Open Monday - Thursday 8.30am - 4.30pm
and Friday 8.30am - 4.00pm

Seedlings Children Centre

We welcome families from Woodhill, Shenley Church End, Shenley Wood, Oakhill, Medbourne, Loughton, Whitehouse, Loughton Lodge, Hazeley, Grange Farm, Crownhill

www.milton-keynes.gov.uk/childrens-centre

01908 503736

 **Milton Keynes**
City Council

Sessions for parent/carers and children

Monday

Bumps and Babes	Come along and meet new parents and Parents to-be with fun activities for your babies including songs and rhymes.	10.00am - 11.30am
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Health Visitor Development review	Contact the Health Visitors on 01908 725100 for more details and bookings.	12.45pm - 4.15pm
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Tuesday

Toddler Stay and Play (walkers 2 years)	Fun activities to support their learning and development.	10.00am - 11.30am
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Seedlings Story Café	Seedlings Story Café looks at strategies you can use to support your child's speech, language and communication whilst having fun with stories.	1.30pm - 2.30pm
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Wednesday

Adult Learning, Family Learning Workshops and Parenting Courses	Please contact the centre to find out when the next course/workshop is running.	9.30am - 11.30am
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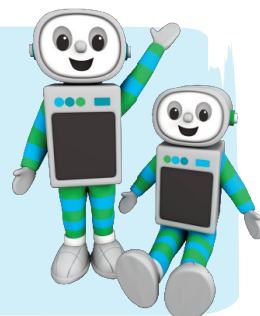
Time for twos

You are automatically eligible for 15 HOURS FREE early education for your three or four year old

You may also be eligible for 30 hours FREE early education for your three or four year old. To find out if you are eligible visit:

www.childcarechoices.gov.uk

Or visit your local Children's and Family Centre for more help.



Thursday

Story, Songs and Rhymes	At Whitehouse Primary School This session explores sound, actions, and rhymes to support your child's language, communication, and development.	9.30am - 10.30am Term Time only
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Wellbeing Café	Come and have some 'me time' with like minded people. A chance to chat with a cuppa and a Snack. Although this is not play, Children are welcome.	1.15pm - 2.15pm
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Health Visitor Development Review	Contact the Health Visitors on 01908 725100 for more details and bookings.	12.45pm - 4.15pm
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Friday

Stay and Play	For all under 5's We have a wide range of activities for your children to explore which supports their learning and development.	10.00am - 11.30am
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Seedlings Help Hub	Are you new to the area, do you need help applying for 2 year funding. Are you Pregnant? Come along and register and find out what Seedlings Children's Centre can offer you and your family.	1.00pm - 2.15pm
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Saturday

Working Parent's Group	Contact the centre for details of venues and dates	9.30am - 11.30am
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MK Together

For information regarding MK Safeguarding Partnership arrangements go to the MK Together website: www.mktogether.co.uk/

Data Protection Privacy Statement

We collect and use information about you so that we can provide you with the best services possible. Full details about how we use this data and the rights you have around this can be found at www.milton-keynes.gov.uk/cafcprivacy. If you have any data protection queries, please contact the Data Protection Officer at data.protection@milton-keynes.gov.uk

Information

Private room hire

Did you know...? That our centres are available for private hire? They are perfect for parties, meetings and wedding receptions. To find out more details for bookings please contact your local centre.

Parents Courses we offer

- The Incredible Years
- Baby Incredible Years
- Baby Massage
- Starting Solids

Family Support

Family support available for all households. Please ask for further details from the team.

Volunteering

Gain some work experience, job opportunities or just help your local community? If so our Children and Family Centres need you! If you have a few hours to spare your local centre has varying roles available, offering accredited volunteer training and enhance your CV.

Food Bank

Please speak to a member of staff at your local centre.



Healthy Start Vitamins



Healthy Start vitamins coupons can be exchanged at all the centres.

Are you registered at your local children's centre? If not, visit:

www.milton-keynes.gov.uk/childrens-centres

Find us on Facebook



Seedlings Children's Centre

Singleton Drive
Grange Farm
Milton Keynes
MK8 0PZ

**MK Milton Keynes
City Council**

M19297 - October 2023