



MOBILISE
PROVIDES FREE SUPPORT &
NETWORKING FOR CARERS



CAREFREE
PROVIDES COMPLIMENTARY
HOLIDAY ACCOMMODATION
FOR CARERS



MYTIME
PROVIDES FREE OVERNIGHT
STAYS, THEATRE TRIPS AND
EVENTS



CARERSMK
PROVIDES COUNSELLING AND
SUPPORT FOR CARERS OF ALL
AGES

Key facts for carers

MKCC Adult Services provides a range of support for carers and their loved ones. From overnight breaks and day services to help getting the right financial advice.

- ✓ **COUNSELLING**
- ✓ **EXPERT ADVICE**
- ✓ **LEISURE AND CULTURAL ACTIVITIES**
- ✓ **PEER SUPPORT AND NETWORKING**
- ✓ **SHORT BREAKS AND HOLIDAYS**

To find out more call 01908 253772 or email
Access.Team@Milton-Keynes.gov.uk

1. The Carer's

Conversation is a new style assessment that's more informal and encourages you to paint a picture of what your life's like, so we can offer you the best support possible.

Carer's Conversation



2. You can request a referral for a carer's conversation anytime [via the online form](#) or call the Access team directly on: **01908 253772**

- ✓ Breaks away
- ✓ Overnight support
- ✓ Day services
- ✓ Respite placements
- ✓ Care in the home

3. After your conversation, if eligible, you may be offered a range of services, including a one-off direct payment of £240 - to help you with things that matter to you.

For more details see our website at:

[Carers Assessment \(Adult Carers\) | Milton Keynes City Council \(milton-keynes.gov.uk\)](#)

Dementia Support

Our Admiral Nurse Service is a lifeline for many carers looking after someone with dementia.

- ✓ EXPERT ADVICE
- ✓ LEISURE AND CULTURAL ACTIVITIES
- ✓ PEER SUPPORT AND NETWORKING



DEMENTIA INFORMATION AND SUPPORT SERVICE (DISS)



DEMENTIA FRIENDLY WALKING FOOTBALL



CARER'S DEMENTIA SUPPORT CAFE

“Patient, compassionate...and so, so knowledgeable. I felt that I had finally found someone who understood and knew how to help.”

For more information email:
AdmiralNurseTeam@milton-Keynes.gov.uk
or call 01908 253772

Day and Overnight Services

We know caring isn't always easy. That's why MKCC provides dedicated day services for people with dementia, physical disabilities and learning disabilities – so you can get a break too.

“There is a supportive and caring, carers community. You don't have to do this alone!”

Click the links (right) for details

1. SIMPSON & KITCHENER

Provides support for older people with dementia and other age-related conditions



2. TOWER DRIVE & WHADDON WAY

Provides a range of social, sensory and physical activities for people with learning disabilities.



3. SHORT BREAKS SERVICE

Provides overnight and daytime support for adults with autism and complex health needs



4. SHARED LIVES SERVICE

Provides support for adults with care and support needs

Have your say

You can have
your say by
completing this
short survey –
just click the link
below.

[Carers Support Services -
Feedback \(office.com\)](#)

For more
information on
what we provide
for carers scan
the QR code.



If you want to get involved
to help shape our services,
or if you want to have your
say on any services you've
received - get in touch with
Hannah, our Engagement
Officer.



[adultservicesfeedback@milton-
keynes.gov.uk](mailto:adultservicesfeedback@milton-keynes.gov.uk)