

**Pebbles Children’s Centre – Newlyn Place, Fishermead MK6 2LP- 01908 2405556**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>10:00- 11:00am</p> <p><b>Community Larder at the Trinity Centre MK6 2LA</b></p> <p>A member of the Pebbles team will be available to support and let you know what the children’s centre can offer you and your children.</p> <p>10:00- 11:00pm</p> <p><b>Drop- In session at Springfield house. This session is for residents.</b></p> <p>A member of the Pebbles team will be available to support and let you know what the children’s centre can offer you and your children.</p> <p>11:00- 11:45 <b>Phonics with Robot Reg</b> Explore sounds and rhymes through songs, games, role play, dance, and movement. Bookable session please contact the centre for more information.</p> <p>1.00 – 2.30pm</p> <p><b>Bumps and Babies</b></p> <p>Come and join our relaxed, nurturing, sensory session for expectant parents and babies (non-walkers). Time together to meet new parents &amp; share experiences.</p>	<p>10.00am -11.30am</p> <p><b>Stay and Play</b></p> <p>Fun creative activities for both you and your child to help support their learning and development. This session can sometimes get a little messy so please make sure you dress for mess.</p> <p>1:00- 2:30pm</p> <p><b>Help Hub</b></p> <p>Do you need support with form filling for work, school, or home?  Come and see if we can support you.</p>	<p>9:00- 10:30am</p> <p><b>Morning meet-up</b></p> <p>Come and join us for a light breakfast, chat, and play. You can come with or without your children.</p> <p>1:00 – 2:30pm</p> <p><b>Parenting Programmes</b></p> <p>A rolling of programme of courses are available to support parenting skills, child development, healthy lifestyles and positive mental health and wellbeing.</p> <p>Booking required- Please contact Pebbles for to see what course we are currently running.</p>	<p>1.00pm – 2.30pm</p> <p><b>Stay and Play</b></p> <p>Fun creative activities for both you and your child to help support their learning and development. This session can sometimes get a little messy so please make sure you dress for mess.</p> <p>10-11:00</p> <p><b>Drop in at Pencarrow mews – this session is for residents.</b></p> <p>A member of the Pebbles team will be available to support and let you know what the children’s centre can offer you and your children.</p>	<p>10:00-11:30am</p> <p><b>Feel Good Friday</b></p> <p>Come and join us for a hot drink and adult’s colouring. This session is a great session to come to if you need some company and conversation. You can come to this group with or without your children.</p> <p>1:00- 2:30pm</p> <p><b>First steps</b></p> <p>This session is for our babies that are on the move but are not confident on their feet yet. We will explore ways to promote physical development. This session will have soft play out weekly and once a month we will go out for a walk to explore Milton Keynes.</p>
	<p>9:00-4:00pm</p> <p><b>Maternity MK</b></p> <p>Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only.</p>	<p>9:15- 11:30am</p> <p><b>Health Visitor Development Checks</b></p> <p>Bookings are made through the 0-19s health service.</p>		<p>9:00-4:00pm</p> <p><b>Maternity MK</b></p> <p>Maternity MK will be in our Centre completing ante-natal and post-natal check-ups. These are by appointment only</p>