## Squirrels Children's Centre Redbridge, Stantonbury, MK146BB. 01908 317863

Monday	Tuesday	Wednesday	Thursday	Friday
10:00 - 11:30	9:30 - 12:30	9:30 - 11:30	9:30 - 11:00	9:00 - 12:30
Stay and Play	Development Checks	Well-Being Wednesday	Forest Tots	Development Checks
Lots of exciting play	Appointment only	Must be booked	Enjoy the wonders of nature,	Appointment only
opportunities for you and your		Creche Available	lots of learning opportunities in	
child to learn, explore and	10:00 - 11:00	Starting 1 <sup>st</sup> November	the beautiful private forest	9:00 - 2.30
make new friends.	Outreach	Join Tara from CLMK for a	school. Dress ready to get	Talk, Play and Support
	Giffard Park School	variety of arts and crafts and	muddy. Run by Wood End	Pop in and find out about any
	Meet us in the school library	enjoy some Me-Time	School. £2 per child, £1 per	support you may need
13:30 – 15:00	for a fun session of stories,		additional child	including benefits, budgeting,
Story and Rhyme Time	singing and music.			School readiness, Speech and
Come and share our love for				Language, Food Bank, Hygiene
books and singing.	13:30 - 15:00	13.30-3.00		Bank, Baby Basics, Period
	Let's get busyLet's Explore	Pop in and play	13:30 - 15:00	Poverty and St Marks Meals
	Come and develop your child's	Come to the centre before the	Bumps and Babies	
14:00 – 16:00	role play and imaginative skills.	school run for a relaxed play	Come and join our relaxed,	11:30 - 12:00
Community Larder	A different theme each week.	session and a warm drink	nurturing sensory baby session.	Baby Massage
Sign up at Rainbow Children			A chance to meet other new	To strengthen bonding and
Centre.	Parenting courses to be held at		parents in the area and share	promote relaxation, call the
10 items for £3.50 for fridge	Rainbow, Please speak to a		experiences.	centre or call Helen directly on
and cupboard including fruit	member of staff for more			07803042337
and vegetables.	information.			
No eligibility criteria				