

**Sunshine Children's Centre, Merebrook School MK4 1EZ- 01908 565852**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p><b>Stay and Play</b>  <b>10:00am 11:30am</b>                      A play session for under 5's with indoor and outdoor play and songs and rhymes</p>	<p><b>Help Hub Café</b>  <b>10:00am 11:30am</b>                      Come and enjoy a cuppa and a chat with activities for your child. Support available with form filling, nursery applications, work, and training and much more.</p>	<p><b>Development checks</b>  <b>9:00am-1:00pm</b>                      Health visitor clinic at Sunshine Children Centre for your child's development checks. Pre-booked appointments with health visiting team only.</p> <p><b>Walk and Talk</b>  <b>9:30am 11:00am</b>                      Join us for a walk in the local area and explore nature with your child.</p>	<p><b>Baby Group</b>  <b>10:00am 11:30am</b>                      Come and meet new parents in a relaxed session including songs and rhymes. For non-walkers.</p> <p><b>Citizens Advice</b>  <b>10.00am 1.00pm</b>                      Fortnightly appointments                      Bookings available on 08082 787991 or  <a href="https://www.miltonkeynescab.org.uk/shenleybrookendparishcouncil/">https://www.miltonkeynescab.org.uk/shenleybrookendparishcouncil/</a></p>	<p><b>Music Bugs</b>  <b>10.00am 12.00 noon</b>                      A sensory, interactive play based music class for babies, toddlers and preschoolers. <b>Termtime only</b>                      Book at:  <a href="https://bookwhen.com/musicbugs-miltonkeynes">https://bookwhen.com/musicbugs-miltonkeynes</a></p>
<p><b>Parenting workshop</b>  <b>Contact the centre for details.</b></p>	<p><b>Development checks</b>  <b>1:00-pm-4:00pm</b>                      Health visitor clinic at Sunshine Children Centre for your child's development checks. Pre- booked appointments with health visiting team only</p>	<p><b>Story and Song Time</b>  <b>1:30pm 3:00pm</b>                      Come and join in with stories, songs, and rhymes, focussing on supporting your child's language development.</p>	<p><b>Family Learning courses with CLMK.</b>  <b>Contact the centre for details.</b></p>	