



## How confident are you to recognise and respond to Domestic Abuse in Bedfordshire?

*Do you work with children, young people and families in Bedfordshire?*

*Would you benefit from understanding more about the impact of Domestic Abuse and how to support victims/ survivors and those impacted by the abuse?*

[Safeguarding Bedfordshire](#) offer a range of \*free Domestic Abuse themed learning opportunities aimed at those working or volunteering with children, young people, families and/ or vulnerable adults across Bedfordshire.

### Understanding Domestic Abuse (Free eLearning)

**Duration:** 1-2hrs

This free eLearning includes interactive scenarios and challenges to engage and check your knowledge as the course progresses.

Throughout the training, you are provided with statistics/ context, best practice guidance and principles for working with those experiencing, or impacted by, Domestic Abuse.

**How to enrol;** Log in or create an account via [Safeguarding Bedfordshire](#). (See the [User Guide](#) for support with creating an account, logging in and accessing training.) [Terms & Conditions](#) apply.

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#### **This eLearning includes:**

- Types of Domestic Abuse
- Risk factors associated with Domestic Abuse.
- The impact of Domestic Abuse on children, young people and vulnerable adults.
- Barriers to seeking help, and how to address them.
- MARAC Process (Multi-agency Risk Assessment Conferences) and the Independent Domestic Violence Advisor (IDVA) role.
- Power and Control Wheel.
- Effective Information Sharing.
- Best practice for supporting those experiencing abuse.

*View the full Safeguarding Bedfordshire training programme [here](#). (Costs, [Terms & Conditions](#) apply.)*

**Scroll down for Free Virtual Classroom sessions...**



## Raising Awareness of Domestic Abuse

25<sup>th</sup> April 2024 (0930-1230) TEAMS

**Details:** This free to attend training course will build your knowledge and confidence to recognise signs and indicators of Domestic Abuse. This course will be of interest to those wishing to learn more about recognising Domestic Abuse. You must be working within Bedfordshire.

### What can you expect from this training?

- Define domestic abuse and common aspects of abuse.
- Develop an understanding of local and national picture and support services.
- Challenge myths and misconceptions around domestic abuse.
- Understand the impact that domestic violence and abuse has on victims and their lives.
- Know how to respond appropriately to any concerns in relation to domestic violence.

## Recognising & Responding to Victims/ Survivors of Domestic Abuse

25<sup>th</sup> April 2024 (1300-1600) TEAMS

**Details:** This free to attend training course will support practitioners to develop their response to Domestic Abuse in Bedfordshire. This course will be of interest to anyone wishing to further develop their Domestic Abuse practice. You must be working directly with children/ young people/ families/ vulnerable adults in Bedfordshire and already have sound knowledge of the signs and indicators of Domestic Abuse; please complete the free Domestic Abuse eLearning or attend 'Raising Awareness of Domestic Abuse' before this course.

### What can you expect from this training?

- **Overview:** We will consider how to recognise the signs of domestic abuse & coercive control and look at the tools to help professionals respond appropriately to victims and survivors.
- **Routine Enquiry:** what is it, who should do it, how to do it safely, other considerations (e.g. counter allegations and barriers to disclosure) activity and skills practice.
- **Risk Assessment:** key risks, signs & symptoms, introducing DASH and case study skills practice.
- **Safety Planning:** safety planning advice and why it's important.
- **Referral Pathway:** MARAC/IDVA, Safeguarding, Signposting to national and local resources and overview of BDAP.
- **Resources and information:** Improved knowledge, skills and confidence to support your practice.

**How to apply;** Visit [Safeguarding Bedfordshire](#). Our [User Guide](#) has support with creating an account, logging in and accessing training.) [Terms & Conditions](#) apply. [CLICK HERE TO CONTACT US](#)

*\* PLEASE READ Safeguarding Bedfordshire's learning offer is jointly funded by Bedford Borough, Central Bedfordshire and Luton Safeguarding Children Partnerships, making a wide range of courses available for FREE to those working/ volunteering with children, young people, families or vulnerable adults within Bedfordshire. [Terms & Conditions](#)*

*The free eLearning/ Virtual Classroom offer is not available to those outside of Bedfordshire. We regularly review eLearning enrolments and will remove any accounts not linked to a Bedfordshire based organisation. You may also be subject to charges for any eLearning you have started and your organisation will be removed from our system. Please contact Safeguarding Bedfordshire for more information.*

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