

Councillor Champion Role Profile

Mental Health Champion.

The Postholder:-

- A serving MKC Councillor nominated by the Leaders of Political Groups with personal or professional experience of mental health issues.
- Appointed by Council to emphasise the importance the Council places on the role.

The Role:-

To assist the Council, Leader and appropriate Cabinet Members to raise awareness of the importance of good mental health, to reduce stigma and to support partners across the city to improve prevention, engagement and treatment for Mental Health.

Responsibilities:-

- Work with the relevant cabinet member, committees and officers to promote discussion of mental health within the council and local communities.
- Help overcome the misconceptions surrounding mental health by working with schools, workplaces and other partners.
- Remove the stigma of seeking help and support for mental health issues, and around treatments such as therapy and medication.
- To help ensure and advocate for appropriate signposting and access to mental health services.
- Undertake and promote training on mental health issues to ensure the use of the most up to date best practice and guidance.