

# Armed Forces Walk-in Sessions

Support for serving personnel, veterans & reservists



 10:00-12:30 hrs |  3<sup>rd</sup> Wednesday of the month (exact dates noted below)



For those still serving, veterans and reservists.



A safe place to find out about and connect face to face with support services.



Refreshments, free parking.



Ring buzzer at main entrance.



If you'd like to attend but face challenges in doing so or require transport, scan the QR code or click the link below.



Please don't arrive before 1000hrs.



## 2026 WALK-IN DATES

JAN

21

FEB

18

MAR

18

APR

15

MAY

20

JUN

17

JUL

15

AUG

19

SEP

16

OCT

21

NOV

18

DEC

16



Blue Light Hub, West Ashland Fire Station,  
Milton Keynes, MK6 4BB



What3Words: spell.galaxy-impose



**Need support?**  
You don't have to figure it out alone

Seeking help can feel hard and **overwhelming**, especially the first time you reach out. Some people don't know what help is out there, how to ask for it and might need support connecting with it.

Whether you served many years ago and feel your challenges are not related to your service, are about to leave and are not sure how to engage with civilian services, or a reservist, the Walk-In can help.

Meet people who understand in a comfortable space.



**WANT TO ATTEND OR NEED  
TRANSPORT?**

**Scan this QR code**

Or email us at  
[armedforcescovenant.@milton-keynes.gov.uk](mailto:armedforcescovenant.@milton-keynes.gov.uk)



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supporting  
those  
who serve

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